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## M MRKIN(: SCIIEMU:

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battle field, with the vupective Ashwo-Gcohc-RedehoSoje bole on rupulive sides, Pandevas and kaveres are eagerly woiting to poume upon each other in the b-iste of Dhame. But kurukshetie is not just an eurent of war, but aso a tartbed of Vrawes and ethics that were tought to ganerabuns to come.

The sattle freld sow Arjure,
a. Curious Ristieges of the words of wisdom
lectrical by krishne throug Bhgened Gite. It dso figures the great Krishne who delivesed a greet lacture 40 areitly to uplifa the canse of Dharna

integrity despite of family bonds with the enemies. Solely for sole of Dharma.

So, one can observe that
onm.dit this grot was, we howe bean taught
lessons of "Listening with Curiosity"s "Speaking with "pesty" and "Aching with Integrity", to setup order in the society which is Dharma. So, An this Essay we shall talk on why the above highlighted qualities are ersental for uselerly lifaitle and how they are getting diluted. We Shall do trow light on some great inpicfions from the part to develop, the required etiquette.

A we live in a soliety,

We are inromáed and bond by multiple koiles
W:- curbec, and outide us as well, that sometimes inígnt somé like cacophony, but influerces us in On Eves
Howeve, nowadoys we are poking a
ohenonce of "Less Listering - Hore Hesring", where
Useny it tere ottufion to voine, whares listeming
-Mre broegoler than it. All of us ghe arserf to
Tiv-stiens ti list to prime kime debetes, whare

Diose lisen/hea bo conter others, but, darit listen int of Criosing. Ultmately it lecdr to a destructive chouphere of words, vother than a constructive ciscossion of wisdom
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skill is on verge of extinchon. Robert Goren <eaf
ith his fomous essay "Scrvant Leederhip" cleary coweyg thet "Listenig with Curiouty" is an sine-quefor strong leederchip.

Buddhe, in his patu of entightennff
dedicoted himseef to "Listening others" after his noyd rauncickon. He kept wondering across countyside lutening to words of Rishis, priests, commentaries on Vedas, upariscds ad sufferngs of poor, totally out of cegemess to understand the would anand firm. Oltinafdy it led to his Elighternpet, bered on the lessons he leort in this process.

Similary, the greet Asdul (calom) droays was fond of listening to bids/atidents and tolk p them, through which he derives greetert life lesons as he says.

In ope of his conversations with speridy abled parsons (FwD), he got to know rout the undfordesily of plyiol aids, which motroted bim $p$ design en ofpordasle calipers dong with has friend, which is popularly called "Kdam-Raju Calliper", serving paring with amputee limbs through prosthetic arrs)legs.

So. ore con observe the essence
of listening with curiosity, as it reflects ar Enotaral 9atelligence. It helps in developing gudities of Pmpathy - Compassion toward others. It sterytans Or relationships and imbibes sound capital band on prinuplar of trust-hamony. We should does develop the ability to listen to ow innarsegf with curiosily, through stroy Apfrospection. All of us are chroys in deep adrenaline not to react band on ar emotions of love-greed-doust-hatred etc. But


Can know the origin of the voile and deal with it accordingly and act as per our Conscience.

HoNESTY INS TALK: $\frac{\text { OBVIOUS BUT DIFFINLT T }}{\text { OBSERVE: }}$

As the cikzus of Rome
gathered outside the Colosseum to noun the death of Julius bess with deny with his murderers.

Mark Anthony, vase $p$ the occorsion with his words "My dear brothers and sister of Rome!!", and his is Thundering speech for thenert 30 minutes motivated Romans to tate up sword and anger Calais death

So, the signs of honesty in the
speech of Harkfuthony i, what anted as an efferkere tool of persuasion which need t be learnt


A person's Chorentel is lan
be cess used by his words and hit conduct. So,
Speaking with honesty reflect ar attilde of integrity and probity in life. Off late we see people who invert more in impressing the people rater then limping people, entertaining people rather thar educe te Completely devoid of honesty, cine ot deucuing people. It is had fact that testy.. words, are hard to digest, bets they are not petrorijed by US.

When saryajit Ray toys
"Advance in 4die ar of medieval quail and medione"
he is rot intenang bo add dirgrece to his woutrgere, bot invey to us that we need b charge or Derceptsus towards films. Spading with Honesty is a difficult task to observe, but a much needed trait we read to posses!.

with honaity Juch as A.B. Vappajee, Scridar P-tal J.P.Naraganes, such thet followers can belicie. in then and the poltiol proces ar well. We reed stroy judges who dare b cary luona, ty to thens graves to uplft peone's trost in Gusthtivid provers.

We seed our parcets / teaches b privikje Lonenty in their speech wikg tet the chilbien develop.t and berige great c.tizus, uplffyy sound Trut.
"I have no problam people calliy me a ofg, f an Alsatang, you lait tecl on Mrection is to bite/bark to promote ponesty". LTVN seshan in
his booh "Burder of My Life"


He is a "Whole" whilh cart be divicled. So, Antegrity is this "Whalenass", which belienes in consisteng in thoufht-specch-cition, which cat be cistrubed. It is the qudily of doing the vight thing even when no one is watcking.

When Profersor lcuvempu, who won the a teaches at Mysrre Chivarity, while enomining answersheets of sne of his stidat , who happers to be his son, nokier that he falls short of $1 / 2$ Make to Pess the examen. Despite of Leving charce to awarel the haff marle, he doesnit do that aue $b$ lis compliance bwards his profersiond ethics highlighting his integr.t.
 and pussers stroy matel praximity is to cet with
integuity or Gandhi" beys "I dorit want others with then divty fect to estermy brai.". $10=$ t with integrity, we reed bo develop tie qualices of Rectitde
(Limitiy Ourself), Puvdence (Guided by
Recion) $)$ and Temparence (Protroial Sdance), thus cartrolling ar Rcaron-Desne - Emotos which guides man's Gindut.

We conce across grect enayion of
perimalitics that Lave uplijted Antegnty, such as
U.Segoyam 1 As, who publishes Lid aset p-blichy, Rojni sikho sibd I As, who stood geint death threats from politions cursed in Teacher Traking Scom expused by hes ad T.N Serhan, who atied os wotcheog of qndian Uections and pronsted lajes cole electaral reforms.


Emotimal tatelligace and strofly links ow aftide and behaviow prowoting cosistany in ow action. While ating w.h ixtegity, we by defart fuifill On ethacer-rund obligation and fect by the arrute of Socid lonect.
LISTEN-SPEAK-ACT IN OEMOCKACY

A we Mave tolked obat oul the thice quolies ad their ersence, let us skens the importare of them together in fumbiong of demowacy.

Firsty/ we peed ar Lecdens to be stioy listevers of curiosity, e.ther in oppostike or in powei, not just dwing elections, but daring their eatire public life. They shold durazs keep their eais/
eyes open to hearlsee public from who.. they deive thaik legitinery

such ar "Chai Pe Charche"- "Citijarship Shouli" t know the mood of the public.

Sccondly, we need leeders
Who wear hoventy on theiv sleeve and veflent it in their tokk. The promises they ginc, shouldh't be juit the wurds in their monfeito, but veed to be giver tangille shape. They shold veglent their honenty in legislawes to fulfille the ambit of vepresentational democracy.

Thirdly, we reed strong laceders,
inttutors which at with integr.ty buch as
the Ministers - 17LAs and intulion of CACY-ECI ad Judiviary shold colleakively fight gaint the Mord-Legal-Finamcial Corruption by hinging in to brackes of Corstthiond Mordity

to be croted through qutegnity Jurvegs-Pacts

Moding t a line-qua-non.

ENDINY NIOTES

Geogge wawiyton says that
"Juatie in Couse, Honenty in Prosention. Anteg.ty
in Act", when serves the place of exparience, it shall 3 c of greect help to mankind ". Jo del the three qualkies we dircuised, fogetter form a Collective etiquette that we reed to equip orreef with such thet Givilisstion tokes right course and strong leaderhip ects as pillor to it. So, let us teach Garelhiji's 3 Munkeys not to spedk evil, but to spede wonesly, not to lisken evir, but link curionly t foud and wo to cet w.h integr.ly but not eval.

## teedbath





MUST UNDERGO FATIGUES OF SUPPORTING IT

When Blags Sigh ad
his fellow comrades are gory on an huger strike in the jail for more than 50 dags, the jael ineherge Pusuoded him to shop the strike, os their sniggle for case of swaraj is costing their lives. After Jew years, when they ware waded the peathishment, his father requited him to apply for mary pectin to which he rejected with smile.

Bhegot singh, replier to
his other that," The soil which gets socked by
his blood is the gecet/inspiraton we give to ow fellow countrymen to enjoy the fruits of liberty in Their relentless pwsurt of Poona Swaraj, and for it
 reop the blassings of libaly, one who stande for it needs to undurgo the fatgue in the process. Ap Machicvele in his politied treakie says "N1othing great was colveved whout any danges", the aim of celieving "Libent" is - divine / jrict tesk, and the froits it gives us Gane out of faises greatart secrifies.

So in this lessey we shall diswis on "Essance of liberty" and its "blessings and the fatigue cassed in the procers of reaping Thase blecsings, acty es an inspination to othars.

John Loike, a Panous

Cuntractarion UsA plilosopher sags "Libery" is

- vaturd night Tlct a man dererves from his birth and it is a Hallumk of a free society. The troe defintion of liserly is "Ascence of Rertraint" and "Freedon to red.je one's potenkel" with help of cnhores Sousal lapital and thmencopital ivelising athong of eseh and every soul.

Aivilistions were oble to

Prosper duc b this quality of Liserly and such that it con talse puantum juups. Carly mon was able 1- neet his clothing-food-shelter nerds os he was frice b move without any restricitions.

foxa of development, ar people of those tines ware ficely asle $\Rightarrow$ conduct their opectios -trasactions livig is hamsey with each other devoid of any cound outhonty

Today, we are living i. a Meo-ltierd would, langhy driven hy thaket Eurowes for which Invovichor is the hallual iserviy the mankind throgh revolutus in hedthcae, trangport Comuriction and livelhood promoking Eone of Livij.

So one can strogly asect thet Liberty, enhares foffllut of naris potentiol. This beeming a indicator of puolly of soliety, and fuelity of life. Hpwever, it besane the Wrichtaberef the vulyandsle victim of euplortation awos time scoles.


Striggles, revolutions that ocupy great spaces in chronicles of histary are the "fight for lisery" agarit the enemies who vatrict it. The Anerican Revolution of $18^{\text {the contung, French Revolition of } 19^{\text {th }} \text { Carheng }}$ and Indion National Mavant of 20 N Centring, all had the ains of Frcedom-Libedy-4-depardence gaint the evils of Munarchy-Colonidisu- Imparidis.

Jered Diamond, in his bool,
Gins-Sems_Steel highloghts that we heve croted instutions of State-Rcligon-Cate to ry-late man's societal condut and curb enciers libecty.

Thor, as Sociatas grew, the amsit of there instations over hais liberfy gew by beeps and bounds.
 errimes order in soliety by "Solid Coubect" inder frammork of "Lew" , thanforming people from "State of N(ature" to "State of Lew". Aho the "Relifion" as a irrtttion, guided by shriptures/thets bid by preity closs denanded onderly behaviour and complience of people. The rise of carte sfatem baed un "Hierercty" led $t$ violation of indiudual digurly and liberty.

Pventally, all there phenomare
creted on ironcled arond libetty, making 1t difficult to reach it such carsing fatige in the process to reach it.
"Mon is born frce evary whare, but in Chairs" $\rightarrow$ Roussear

rt is "Dangerous to be right, when state is wrong", and "I shall defend your right of liberty tl decth", which highlights his noble itcentons to revise liberty.

A we knave diswised in the above passages, that to support liberty, we reed lo be reedy to face the opposition to it in form of ihshtlions.

Or frecobm struggle based on the tenets of Poona swards, carried on for a century driven by lot of seerifices-irgults -tran in the fight with Mighty British. To gan freedom and liberty for the fiche guerdings, the then generation selflerily dedicated their lives to the case of swaraj.


Jallianwdebegh, the unel trids of GandLiji.
Nehn, sada ratal in jails, the volow of
Ajed ltind Foree againt the stroy British.

Simiaby, Nelou Tandelle't
fight yoint Apathied, led b his incarceration of for 27 years in Tal, but he eventudy be came the BLacksun for thewoild leadiy b Racid Caudly.

Also, to diving the Prargency struggle, gaint the Stete in 1a70s, loti of jowndets, lowyes, I*duts had to be jailed, but they relentiersly cerried ther struggle for Polbed Liberty goint Vreustithenalis..

Dr.B.R Ambedicer, had to face lot
of cratuism, implti form fellow conetrymen iv Las Privit of Catelers suciely and pronote Joix Gually by upliftenat of D-lits He facel soud-polkid

$$
\begin{aligned}
& \text { it led to dragery of a greot constthen thet } \\
& \text { feve vhybaty-Equaly-rroknit, ar-gfatus. }
\end{aligned}
$$

Recerty, wse con see many

Polifcal cekvirts, arnahils lecdars being jailad Undar allegation of Jeations under bec-114, thus lecediy to therr incaresation $h_{\text {r pas, withant }}$ oppartmily of far tiol thes Cieotioy morolphyirl enchoval fotgue in them.

Lows, which aim at prountige
onderly soliety, are aining at cuntailiy liserty of people socting as "Ayfraction on 人.bery" as laid by Jeremy Becthan. In thes vyand, it wokes $\underline{\text { Qvil Disobedicice }} \underline{\text { - saenced duty, inpred } l_{y}}$ Sandigi on whtueved in Amerefogare holy-1 rovenot


We need $f$ gegree that
Liberty is the hallmak of mankind, and it needs to be grated. But we must also see ot what cost the libaty is being ganted, as it is aot alsolutely atheel in nature.

Liberty, whes not in vight dree can crede cheos in sonety. The vise of Neo-liberdim ad Maliet Ewnony under prentent of Laijge Faiv did the damge as it gave benefits. It led $b$ an argmathical ditribution of weath in Solieties, diluted the werfare stake pods, thus moking swicties duref.
tho encers biberty can sonatizes quertion the souid contract and its legetinang which ains at regulaty condut of citgars.


Sedton aned ot destablizing soviely, are being legtimised under garb of liberty.

So, the supporters of
the leberty, as well as the Stde Maclinery shald largely base their gods of likety w.thin the fromewouk of Curththend 7orerchy. The narative of Statelersius or Arochism, as laid by Proudhon, kroptotonin and Bolkuin are not so velidele in present day souety, as the dynamiu of soniety grew larges.

Demancer of liberty shold take. fearbily stedies withat ditubly the onder in solicty. We ofto wome anoss so celled supporters of liberty who ocuply public space in the nome of lbentf but ain at winning polificel bromie Points.


Greateat of minds fue the nost
Violant oppositim form medione minds", as lai sadd by A. Eintain. So, in wishing to reap the bengts of lebetty, we must l cain to ovarame fatigue ciused by those medione minels. Only such fatigue Molues the stheggle Mconighel and the sod/vare of lisarty relevent $t$ bc enjoyed.

It is this fotigue, that streytaned Gredert souls such as Gerrge wakigton, Garibddio Lenin, Gandhi, N. Tandelle ad Matin Lother king $J_{v}$. , the gratent of all tine, Mdeing them brond ambasdors of the noble trinity of "LIBERTY-Equality-FRATERNITY".

Feedback to be provided in terms of (1) Introduction (2) Sentence Constructions (3) Parapgraph Formation (4) Legibility (5) Deviation from Topic (6) Coverage of dimensions (7) Simplicity / ease of reading

