

Time Allowed : Three Hours  
समय : तीन घंटेMaximum Marks : 250  
अधिकतम अंक : 250

## ESSAY / निबंध

Name Of Candidate परीक्षार्थी का नाम	SAMIKSHA MHETRE		
Roll No./अनुक्रमांक	1910090852	Medium/माध्यम	English <input checked="" type="checkbox"/> हिंदी <input type="checkbox"/>
Center Code/परीक्षा केंद्र	ONLINE	Date/दिनांक	19/08/2023

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INDEX TABLE / अनुक्रमणिका			INSTRUCTION / अनुदेश
Q. No. प्र.सं.	Max. Marks अधिकतम अंक	Marks Obtained प्राप्तांक	1. Please do furnish Name, Email, Roll No and Mobile in the answer sheet. कृपया उत्तर-पुस्तिका में नाम, ईमेल, रोल नंबर और मोबाइल नंबर भरें।
Q.1			2. There are TWO Sections. Each Section has MULTIPLE topics printed in English/Hindi. You have to write on 1 topic from Each part. प्रश्न पत्र में दो खंड हैं। प्रत्येक खंड में अंग्रेजी/हिंदी में बहु-विषय मुद्रित हैं। आपको प्रत्येक भाग में से किसी एक विषय का लेखन करना है।
Q.2			3. One question in each part is compulsory. प्रत्येक भाग में से एक प्रश्न करना अनिवार्य है।
Total Marks/कुल अंक			4. The number of marks carried by a question/part is indicated against it. एक प्रश्न/भाग द्वारा किए गए अंकों की संख्या इसके सामने इंगित की गई है।
Remarks/टिप्पणी :			5. Answers must be written in the medium authorized in the admission Certificate, which must be stated clearly on the cover of this Question-Cum-Answer (QCA) Booklet in the space provided. उत्तर प्रवेश पत्र में अधिकृत माध्यम में लिखे जाने चाहिए, जो कि दिए गए स्थान में इस प्रश्न-सह-उत्तर (क्यूसीए) पुस्तिका के कवर पर स्पष्ट रूप से लिखा जाना चाहिए।
			6. Word limit in questions, if specified, should be adhered to. प्रश्नों में शब्द सीमा, यदि निर्दिष्ट हो, का पालन किया जाना चाहिए।
			7. Any page or portion of the page left blank in the Question-Cum Answer Booklet must be clearly Struck off. प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़ा गया कोई भी पृष्ठ या पृष्ठ का भाग स्पष्ट रूप से काट दिया जाना चाहिए।
<b>For Student Only / केवल परीक्षार्थी प्रयोग हेतु</b>			
Start Time/प्रारंभ करने का समय :		End Time/समाप्त करने का समय :	
8:00		11:00	
Mode Of Examination/ परीक्षा की विधि :		Online/ऑनलाइन <input checked="" type="checkbox"/> Offline/ऑफलाइन <input type="checkbox"/>	
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ECN CODE/ ईसीएन कोड :		EG/ईजी : ① ② ③ ④ ⑤	Evaluation Date/ मूल्यांकन तिथि :

### MARKING SCHEME

<i>Parameter/Criteria</i>	<i>Aspects Considered</i>	<i>Total Marks</i>	<i>Essay 1</i>	<i>Essay 2</i>
<i>Basic Format</i>	Introduction + Conclusion	10		
	Body	15		
<i>Content</i>	Data/Facts/Interpretation/ Analysis	25		
<i>Organisation</i>	Flow of ideas/ Absence of Deviation from the topic	25		
<i>Language Skills</i>	Punctuation/Grammar/ Sentence Formation/Spellings	25		
<i>Examiner's Discretion</i>	Perception/ Innovation/ Engaging	25		

<i>Parameters</i>	<i>Very Good</i>	<i>Good</i>	<i>Average</i>	<i>Poor</i>
<i>Coherence</i>				
<i>Language</i>				
<i>Handwriting</i>				
<i>Pre-writing</i>				

<i>Very Good</i>	<i>Good</i>	<i>Average</i>
120 and above	100-120	Below 100

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# UPSC

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## SECTION - A

3. The power of perception shapes our understanding of reality

When India was under the shackles of the British rule, there were 2 factions who were in opposition of the colonial power. One group aimed for 'separating the British governance from within through 'petition & protests'. The others were in support of 'extra-constitutional means' to attain Swarajya.

This different approach adopted by Moderates & Extremists was merely due to the difference in perception. While moderates

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believed that the British rule was in the interest of Indians for the sake of reforms, extremists perceived the crown university of suspect.

This is the power of perception. It shapes our opinions or outlook towards certain things or events. While a glass can be perceived as half full by an optimist, it can be perceived as half empty by a pessimist.

This essay is an attempt to examine how perceiving things covertly can help us & how a distorted perception leads to harmful consequences. We will also consider the need for change in perception

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2 finally conclude with ways to mould our perception in a healthy way to create 'weyare of all.'

We all are aware of Arjuna's dilemma' during the epic fight/war in Kurukshetra. Arjuna perceived the war differently and was reluctant to kill his kin. However, the perception of Krishna changed the history as he relied on his 'Dharmam' & 'Sthithaprayya' in shaping his opinion about the reality.

Often reality is right in front of us. What matters is our ability to perceive it correctly. If we are able to do this, we



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A slight perception also brings within us a better preparedness for the future. For instance, Japan follows the culture of imbuing disaster preparedness in every walk of life. This 'culture of safety' can be attributed to their ability to perceive problems before-hand.

Such pro-activeness is necessary especially when the world is constantly changing at the blink of an eye. Peter Drucker has rightly said, "An entrepreneur is the one who sees the change, responds to it & exploits it as an opportunity." Such broad outlook towards change can turn a business into an empire.

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However, the reality is different in many cases. Many times, we fail to perceive things correctly & this leads to 'displaced opinions & actions'.

If we consider a simple case of human relationships, they break not because of real problems but because of 'perceived problems'. This can be due to misunderstandings among people where the 'perceived' reality is far away from the actual reality.

Such misunderstandings can creep even in the bilateral ties among the nations. Also, the difference in perceiving things can change the entire global order.





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Post world war 2, the world got divided on the basis of 2 blocs. slowly the destruction caused in Japan started creating a feeling of fear & insecurity leading to the emergence of a cold war era. Nations began ramping up their nuclear arsenal due to the perceived fear of a 3rd world war.

However, India had its own outlook towards this global chaos. It decided to stay neutral by floating 'non-alignment' ideology. As J.L. Nehru has rightly said, "NAM is the biggest peace movement in the world." as had the world been divided into 2 parts, war was inevitable.

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Such is the power of perception in real life. Where on one hand, it can be a pacifier, on the other hand can cause destruction.

This calls for our ability & willingness to keep our outlook changing with the changing reality. Thiruvalluvar has rightly said, "True wisdom lies in staying in tune with the changing world."

The best exemplar of the changed mindset is King Ashoka. Earlier, he used to measure his victory in terms of wars he had won. However, after witnessing the aftermath of war in Kalinga, he adopted the path of Dharma (i.e. Rightness).

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Likewise, the change in the global politics also requires a change in our diplomacy. Post Russia-Ukraine War, Japanese PM stated that "Ukraine could be the East Asia of tomorrow." hinting at the Chinese aggression in the South China Sea. Today, Japan has shifted from 'idealism' to 'realism' to guard its interest in the changing world.

Having considered the need for change in perception, now let us consider how we can do it.

The simplest way to shape our perception in a healthy manner is to have an open mindset. This



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means our ability to accept feedback from the society. We should work upon our weaknesses in order to build a strength of character through constant corrections. In the words of Winston Churchill, "to grow is to change & to perfect is to change often."

Another aspect that can help us is to keep our minds free from bias & prejudice. The spirit of equality, integrity & objectivity will help us to widen our perception. This has been supported by Jaina philosophy of 'Anekantavada' whereby the truth has multiple dimensions.

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Also, a rationality & scientific temper can help us avoid the situations of distorted perception. When we re-evaluate every situation with our logic we come more closer towards the reality. Lack of rationality leads to a 'hard mentality' which is contrary to the 'way of all' in a society.

Lastly, we must follow the principle of 'Madhyam Marga' as propounded by Buddha in order to come out of the situations of dilemma. Where we feel confused as to how to perceive the reality.



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The best way out shall be to choose the path that creates 'utility for all'. This altruistic mindset will help us all to grow & nurture together to give effect to the idea of 'Vasudhaiva Kutumbakam'.

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## SECTION B

4. Social evils have not completely left the ground, instead are changing their form

### EVENT 1

M. K. Gandhi was travelling in a train in South Africa. He was there to represent his client in a case. A ticket checker approached him to inspect his ticket. Gandhiji dutifully showed him his ticket indicating 'First class'. Despite this fact, he was thrown out of the train since the 'coloured' were not allowed to access the first class compartment.

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## EVENT 2

A black man was lying on the street in USA & a police was kneeling over his neck. Unable to breathe, George Floyd pleaded the officer to let go of him. But, Floyd was victim to the racial cruelty & died due to it.

The two events are distinct in nature & have occurred a century apart, but the nature of cause remains the same. Racism was the root cause but the form has changed.

Living in the 21st century, we dream of a reformed world. A world full of happiness & built on the solid foundation of equality.





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& Compassion. But, social evils create a hindrance in achieving this utopia!

This essay seeks to find how social evils are changing their form in the today's world. We will also evaluate how some evils have still not changed even after the passage of years. Then, we will examine how certain changes in society are providing a ray of hope to humanity. Lastly, we will conclude with reforms to create an egalitarian society.

In the 19th century, the status of women was considered secondary to that of a man. Also, a woman was subjected to a series of derogatory practices like Sati pratha,

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which even violated the 'Right to Life' of a woman. With the passage of time, woman was granted rights like 'Right to vote', 'Right to inheritance', etc. Today, a woman is free to work in the outside world. But, the ingrained perception about her ability to perform at par with men is still negative. This is blatantly visible from 'glass ceilings' in corporates, where women are allowed to work for an organisation but the 'creamy layer' positions are reserved for men. Earlier, a female child was brutally buried on her birth. However, the reform measures under the British led to the passage

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of 'Female Infanticide Prevention Act' to prohibit this inhuman act. However, a report published by UN highlights the menace of 'Missing Women'. This can be attributed to the sex-selective abortions & lack of bodily autonomy of women, whereby the evil practices continue under the nose of the prohibitive legislations.

Taking the issue of gender equality ahead, let us consider the case of LGBTQ community. 'Lavender scare' gripped the US in late 1980s, where the people belonging to LGBTQ or the mere suspects of it were fired from jobs. Forty years after this, the society marks its 'homophobic tendencies', under the name of acceptance & equality. The discrimination of this community has manifested into a 'Silent isolation'.

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Our forefathers & the makers of our constitution wanted India to respect the ideals of secularism. Article 25-28 were added to enable people of varied faiths to live together with harmony. However, the seeds of communalism were sown during the 'partition', which is a blot on the history of our independence.

Today, the hatred & intolerance has spread its roots as far as possible. Hateful comments & content is spread through social media & holds immense potential to radicalise the minds of youth. The 2013 Muzaffargarh riots were triggered due to fake news spread on social media. This is a testimony to the fact that intolerance still grips our society.

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However, some social evils continue to stay unchanged. They are still gripping us tightly even after the passage of decades.

The concept of 'purity & pollution' was present in our society since historical times. The presence of 'Adimai' (slaves/outcasts) during the Sangam era & 'Vishki' (forced labour) during the Guptas are few of its examples. Today, as we ~~are~~ celebrate 75 years of our independence, we fail to realise that the caste based discrimination hold us back from attaining freedom in real sense.

The recent incident of 'Indira Meghwal', a student who was killed as she drank water from a pot meant for higher castes is the failure of humans to become a human.

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likewise, the incessant efforts made by nations to fight the menace of corruption has not yielded requisite outcomes. With the rise in materialism & quest to amass as much wealth as possible, the acts of 'giving valuables at the cost of values' has been an up-tick.

However, to view the social evils only from this perspective would be narrow. To paint just a gloomy picture, would be deceptive as our society has continued to do progress on social front.

The change is visible at the grass root levels. Many civil servants are leading by the example by being the change they wish to

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कृपया इस स्थान में प्रश्न संख्या के अतिरिक्त कुछ न लिखें।

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# UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
Content of the Question is more important than length.  
( Specimen Answer Booklet - For Practice Purpose Only)

उम्मीदवारों को इस हाशिए में नहीं लिखना चाहिए  
Candidates must not write on this margin

see around themselves  
A DM ate food cooked  
by a Dalit in a MDM  
scheme sending a clear  
message that caste has  
nothing to do with one's  
purity.

Similarly, the efforts taken  
to create a common ground  
for a man & woman are  
yielding results. Today,  
women are displaying their  
abilities in every sphere  
& the election of a tribal  
woman as a President  
of India shows that our  
society is rewording  
merit over gender & cast.

Likewise, we are  
reopening the colonial laws  
to keep in tune with the  
changing 'peripheral values'.  
The striking off of 'Section  
377' is a historical moment  
and significant achievement  
of gender inclusiveness.



(Please do not write anything except the question number in this space) कृपया इस स्थान में प्रश्न संख्या को अतिरिक्त कुछ न लिखें।

# UPSC

उम्मीदवारों इस हाशिए नहीं लिखन चाहिए  
Candidate must not write on the margin

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
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India is running a growth 'marathon' & will soon become the 2nd largest economy by 2075. This feat can be achieved only when we all are the equal participants & work with cohesion.

For this, we need to rely on the ideals of our forefathers. B.R. Ambedkar's idea of 'social endosmosis' i.e. free flow of ideas can act as a social glue that binds us all. We need to interact & most importantly, we need to respect the diversity of opinions.

We must not let our silence become our weakness. We need to act in the matters of injustice to create a ripple effect



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कृपया इस स्थान में प्रश्न संख्या के अतिरिक्त कुछ न लिखें।

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# UPSC

Answer Questions in NOT MORE THAN the Word Limit specified for each in the Parenthesis.  
Content of the Question is more important than length.  
( Specimen Answer Booklet - For Practice Purpose Only)

उम्मीदवारों को इस हिसाब में नहीं लिखना चाहिए  
Candidates must not write on this margin

in the society. For instance, 'Me too' movement started by a single woman, led to the protection of dignity & justice of thousands of others. Our act of courage can go a long way in weeding out elements of social evils.

For this, we must vow to abide by integrity - to do good even when no one is watching. The purpose of a human life is to live not just for self but also for others. This idea of 'collective well-being' can help India attain the real freedom by

2047.