

Time Allowed : Three Hours
समय : तीन घंटे

ForumIAS

Maximum Marks : 250
अधिकतम अंक : 250

ESSAY / निबंध

Name Of Candidate परीक्षार्थी का नाम	Surbhi Pathak		
Roll No./अनुक्रमांक	1910131803	Medium/माध्यम	English <input checked="" type="checkbox"/> हिंदी <input type="checkbox"/>
Center Code/परीक्षा केंद्र		Date/दिनांक	6/8/23

*Center Code : For Online - 1900 / Delhi : Karol bagh - 1901, ORN - 1902, Mukharji Nagar - 1903 / Patna : Boring Rd. - 2001 / Hyderabad : Jawahar Nagar - 2101

INDEX TABLE / अनुक्रमणिका			INSTRUCTION / अनुदेश
Q. No. प्र.सं.	Max. Marks अधिकतम अंक	Marks Obtained प्राप्तांक	1. Please do furnish Name, Email, Roll No and Mobile in the answer sheet. कृपया उत्तर-पुस्तिका में नाम, ईमेल, रोल नंबर और मोबाइल नंबर भरें।
Q.1			2. There are TWO Sections. Each Section has MULTIPLE topics printed in English/Hindi. You have to write on 1 topic from Each part. प्रश्न पत्र में दो खंड हैं। प्रत्येक खंड में अंग्रेजी/हिंदी में बहु-विषय मुद्रित हैं। आपको प्रत्येक भाग में से किसी एक विषय का लेखन करना है।
Q.2			3. One question in each part is compulsory. प्रत्येक भाग में से एक प्रश्न करना अनिवार्य है।
Total Marks/कुल अंक			4. The number of marks carried by a question/part is indicated against it. एक प्रश्न/भाग द्वारा किए गए अंकों की संख्या इसके सामने इंगित की गई है।
Remarks/टिप्पणी :			5. Answers must be written in the medium authorized in the admission Certificate, which must be stated clearly on the cover of this Question-Cum-Answer (QCA) Booklet in the space provided. उत्तर प्रवेश पत्र में अधिकृत माध्यम में लिखे जाने चाहिए, जो कि दिए गए स्थान में इस प्रश्न-सह-उत्तर (क्यूसीए) पुस्तिका के कवर पर स्पष्ट रूप से लिखा जाना चाहिए।
			6. Word limit in questions, if specified, should be adhered to. प्रश्नों में शब्द सीमा, यदि निर्दिष्ट हो, का पालन किया जाना चाहिए।
			7. Any page or portion of the page left blank in the Question-Cum Answer Booklet must be clearly Struck off. प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़ा गया कोई भी पृष्ठ या पृष्ठ का भाग स्पष्ट रूप से काट दिया जाना चाहिए।
For Student Only / केवल परीक्षार्थी प्रयोग हेतु			
Start Time/प्रारंभ करने का समय :		End Time/समाप्त करने का समय :	
2:15pm		7-8:30	
		9-10:00am	
Mode Of Examination/ परीक्षा की विधि :		Online/ऑनलाइन <input checked="" type="checkbox"/>	
		Offline/ऑफलाइन <input type="checkbox"/>	
For Office Use Only / केवल कार्यालय प्रयोग हेतु			
ECN CODE/ ईसीएन कोड :	EG/ईजी :	Evaluation Date/ मूल्यांकन तिथि :	
	① ② ③ ④ ⑤		

MARKING SCHEME

<i>Parameter/Criteria</i>	<i>Aspects Considered</i>	<i>Total Marks</i>	<i>Essay 1</i>	<i>Essay 2</i>
<i>Basic Format</i>	Introduction + Conclusion	10		
	Body	15		
<i>Content</i>	Data/Facts/Interpretation/ Analysis	25		
<i>Organisation</i>	Flow of ideas/ Absence of Deviation from the topic	25		
<i>Language Skills</i>	Punctuation/Grammar/ Sentence Formation/Spellings	25		
<i>Examiner's Discretion</i>	Perception/ Innovation/ Engaging	25		

<i>Parameters</i>	<i>Very Good</i>	<i>Good</i>	<i>Average</i>	<i>Poor</i>
<i>Coherence</i>				
<i>Language</i>				
<i>Handwriting</i>				
<i>Pre-writing</i>				

<i>Very Good</i>	<i>Good</i>	<i>Average</i>
120 and above	100-120	Below 100

**SECTION - A**

1. Institutions reflect the cultural values of the societies in which they are established.
संस्थान उन समाजों के सांस्कृतिक मूल्यों को दर्शाते हैं जिनमें वे स्थापित होते हैं।
2. He who has a 'why' to live for, can bear almost any 'how'.
जिसके पास जीने के लिए 'क्यों'/'कारण' है, वह लगभग किसी भी 'कैसे'/'परिस्थिति' को सहन कर सकता है।
3. The power of perception shapes our understanding of reality.
अनुभूति की शक्ति वास्तविकता की हमारी समझ को आकार देती है।
4. The tree that would grow to heaven must send its roots to hell.
जो पेड़ स्वर्ग तक बढ़ेगा उसे अपनी जड़ें नरक में भेजनी होंगी।

Topic 4

"The tree that would grow to heaven
must send its roots to hell"

The munichelock was stopped on
6th February, 1958 when the manchester
United team was returning from a
match and their airplane crashed.
Twenty members of the team died, even
the captain did not survive. They
did not have a team for many years.
Yet, today manchester United is one



of the most famous football clubs
which created players like Christiano
Ronaldo had the team given up in 1950
we might not have been aware of
their glory and success today.

This incident highlights that
road to success is often difficult,
shenove and filled with hardships.
Similarly a tree that eventually grows
to heaven and its roots buried in hell

It highlights that struggles are
unavoidable parts of our of our life.
Difficult and tough situations are constant
companions when someone tries to
achieve something big in life. These
struggles are often unseen, hidden
and known to only few. Just like

tree roots are buried deep and not visible to onlookers.

However, these hidden struggles or 'hell' show the way to glory or 'heaven'. As it is often said

"Success is sweet:
the sweeter if achieved through
manifold struggles and defeat"

The fundamental question remains as to why does one have to go through hell to reach heaven? what does going through hell teach us? And what happens to those who reach heaven without going through hell?

Hell shows the path to heaven

First of all, hell prepares one to be the best. or atleast aim to be the best, as perfection is a misnomer.

The practice that one does in the preparation phase prepares him to face the actual battle. The very reason that training of armed forces is one of the highest. Had the army jawans not trained for extreme climate, difficult terrain and constant battles, our forces would have not successfully defended Kargil in 1999.

Steve Jobs had said

"Getting fired from Apple was one of the best things that could have ever happened to me"

Having been fired from his own company, he invested his time in his skills, innovation and devised superior products. And Apple is a renowned brand today due to his efforts.

Secondly, going through hell

brings self belief and self awareness.

✓ The more the grind, the better the result

We celebrate success of ISRO today with ~~last~~ latest launch of Chandrayaan-3. It is all possible because of belief of Vikram Sarabhai and other scientists. Had the team not assembled, rocket on a bicycle and launched from a coastal town of Thumba, the world would not have believed that it could be done. It was due to going hell of constant ridicule and mockery by west that India could literally propel to heaven of space.

Going through hell also helps us in realizing our true potential. It might have been hidden inside deep layers of fear. But once those fears are overcome, the diamond within

shines brighter than the sun. Taking the example of Indian economy, it lay in deep crisis during 1980-1990 with only 3 weeks of foreign exchange reserves. Yet, the economists and government took bold measures of liberalizing the economy in 1991. It was filled with hell of tough situations of complying with IMF norms. Yet the heaven of being a developed country by 2047 (in Amit Kaul) can be envisaged only through going through those years of hell.

Once a person goes through hell to achieve bigger dreams, they are also able to witness, appreciate and acknowledge the efforts of others who might be on the same path. This brings a desire to help others reach their own 'heaven'.

This builds a sense of humility,
creates a community who then motivates
others to pursue their own heaven. The
Bodhisattvas are known for their
Compassion and will to help others achieve
enlightenment. Hence, they delay their
own enlightenment to help others
reverse the journey of hell to reach
heaven.

Without hell, the heaven falls apart

Having realized the importance of
hell, it is pertinent to ponder what
happens if one reaches heaven without
going through hell? Because the
ultimate aim should be to reach
heaven and bear the fruits of success.

This creates a classic case of
Means vs ends debate. If the means

adopted for reaching heaven are not ethical or moral, then the person will not stay long in the heaven. For instance, Lance Armstrong was celebrated world over as he fought cancer and won Tour de France. Yet, when it was known that he used performance enhancing drugs, his heaven of success came crumbling down.

Similarly, if heaven is achieved by some pre conceived notions of luck, family or destiny, it does not stay for long if the measures are not correct. Taking the case of Ambani brothers both received equal share of wealth. Yet, one today is one of the biggest names in the world, the other is long forgotten due to own misdeeds. This shows the importance of constant efforts, learning

and never taking your heaven for granted.
As the heaven also respects those who
respect its importance.

Walk through hell as if you're
walking on petals of rose

Now that the importance of going
through hell to reach heaven is undeniable,
what should be the philosophy of
traversing this path. As it certainly
seems difficult, filled with tears and
years of hard work.

The first move should be to
follow the three cardinal values of
patience, perseverance and perspiration.
patience of waiting for the heaven to come
at its own pace. perseverance of
not giving up till the heaven is not
reached. And perspiration of the

actual hard work or sweat that goes
in the preparation. One who has all the
three will certainly succeed.

Secondly, one should believe in
the power of their dreams or their own
heaven. This belief keeps the spirit
high when the struggle becomes difficult.

It is this self belief that kept Arumina
sinha going that she eventually
scaled mount Everest, being the first
female amputee to do so.

One can also take help of a
mentor or a coach who can make the
path a bit simpler. A mentor can
navigate our boat in the right direction
so that the coast becomes reachable
as well as visible. It was the wise
words of Arnochoyona that made Argun

aim for the eye of fish.

After crossing all the hurdles of hell, when a person finally reaches heaven of success, all the trouble, pain agony becomes worthwhile. At this moment, one should not forget the troubles of others who have made the journey easier and simpler. Feeling of gratitude and thankfulness are of extreme importance. Not only as a gesture but also to keep the position of heaven intact.

Because in life, there is not just one heaven we have to reach. There are multiple heavens for human to climb, by walking through daily parts of hell. Ultimately, struggle and hell are path to ultimate glory. Roosevelt had said

"Never throughout history has a man who lived a life of ease left a name worth remembering"

Feedback

Feedback to be provided in terms of (1) Introduction (2) Sentence Constructions (3) Paragraph Formation (4) Legibility (5) Deviation from Topic (6) Coverage of dimensions (7) Simplicity / ease of reading

SECTION - B

1. A mind that is stretched by a new experience can never go back to its old dimensions.
जो मन किसी नये अनुभव से खिंच जाता है वह कभी भी अपने पुराने आयामों पर वापस नहीं जा सकता।
2. One health approach: a call for ecological equity.
एक स्वास्थ्य दृष्टिकोण : पारिस्थितिक समानता का आह्वान।
3. Culture can unite what history and geography has divided.
संस्कृति उसे एकजुट कर सकती है जिसे इतिहास और भूगोल ने विभाजित किया है।
4. Social evils have not completely left the ground, instead are changing their form.
सामाजिक कुरीतियाँ व्यवहार में पूरी तरह से खत्म नहीं हुई हैं, बल्कि अपना रूप बदलती जा रही हैं।

Topic 1 A mind that is stretched
by a new experience can never
go back to its old dimensions

Few centuries ago, the common ideas were revolving around that earth is flat and a person would fall into bottomless ocean at the end of world. Another known fact was that sun revolves around a stationary earth. Yet, with rise of astronomers

like Galileo, human beings evolved through better experiences and learnt that earth revolves around the sun.

Similarly, Darwin's theory of Survival of the fittest was rebuked initially. Yet, it is the reality of modern day survival. Those who do not change to survive, do not survive

Ancient civilizations like Egypt, Mesopotamia were grand and glorious, yet their failure to adapt to different calamities made them perish.

It highlights the importance that change is the new constant.

Every second that we breathe can bring new avenues of learning through new experiences. And going back

from the learnings of new experiences
is neither feasible nor advisable. As
it creates new ideas for generations to
come.

It is equally pertinent to
understand how does the mind learn
from new experiences? And do all
these learnings lead to positive
outcomes? Further, ^{are} do all these
experiences good or they have some
hidden dark truths?

Life! A treasure house of new experiences

Every day is a new experience.
While it may be a day in our life,
but it is a continuous extension of experience
of humans have got. From our ancestors
all today, many new experiences
have come by hit and trial. The
discovery of fire is one of the most

significant learning. It led to an altered way of consuming food and protecting from enemy. The discovery of wheel led to modern way of transportation. And one definitely cannot go back from these learnings.

Another medium of new experiences is through education. It provides avenues for a child to explore different fields, think from a bigger perspective. The thoughts of Socrates, Plato and their likes are still thinking world democracies. The concept of rule based order and elections are so ingrained in us that we cannot go back to age of anarchy.

Similarly, going through sufferings in life also open the door to learning from the troubled experiences

The Journey of Dr BR Ambedkar, from a society ridden with caste differentiations to highest echelons of becoming father of our constitution, mobilized people to a new learning. It opened up our mind, which had become rigid over the centuries, to accept all and treat everyone equally.

Learning can also come from practical experiences in life. Daily discrimination of blacks by the whites led to Rosa Parks voicing her opinion. It led to modern day movements like #BlackLivesMatter as our mind has learnt that such discriminations are no longer acceptable.

Open the mind gets new experience from others. Media is an important manifestation of modern day learning. Virat Kohli has said that he has

changed the approach of his life by reading 'Autobiography of a Yogi' by Yogananda. These books often widen up our mental horizon and move us beyond our own myopic vision.

Similarly, social media today has become a source of learning new experiences. People sharing their journey, their experiences, who might be sitting miles away, have a profound impact on our minds. A person notifying Railway Police force about a possible trafficking of girls via twitter led Police to ~~rescue~~ rescue the girls. Such small yet courageous acts might be etched in our memory forever and propel us to do the same in future.

All that glitters is not gold

Often, new experiences that we are exposed to ~~are~~ are destructive and chaotic. Thinking of terrorism is

A perfect example of bad experiences shaping the minds of innocents. Kasab, who was the prime terrorist in 26/11 attacks, was brainwashed to such an extent that he considered killing people his duty. There has to be a sustained effort to mitigate these experiences.

Secondly, the new experiences are good in nature but the impact on mind is short term. This leads us to fall back on old patterns, once the urge of continuous learning fades away.

This is evident from women empowerment on rise due to il-effects of patriarchy being

visible. But, it has resulted in new form of 'bad experiences' where women face sexual harassment at workplace, dual burden of work, gender pay gap and glass ceiling. There has to be a constant effort to make new experience worthwhile and positive.

Another issue with new experience can be that may be selective or narrow in approach. It thus impacts and benefits only a few while others are still mired in old patterns. The very idea behind providing democratic decentralization was to have local governance so people can learn from experience and suggest changes. But today many panchayats and municipalities do not have funds or effective functionaries to benefit people. This leads to an

Issue top down approach of governance
It leads to good efforts being
compromised leading to further
widening of inequalities.

Continuous Learning is the path

Can we imagine a world without
mobile phones or internet? Can India
go back to an age of misery and
lack of food without green revolution?
or can we go back to an earth
where climate change was not heard?
The answer is a resounding NO.

It is indeed very difficult to
go back to past and correctly so.
Because the learnings and progress
humanity has made is worth cherishing.
There are always new experiences

to explore. Human mind has become
so capable and advanced that it can
~~the~~ create things once only visualized.
The only criteria should be that
these learnings should be made
ethically and morally.

In the age of social media
and disruptive technologies, lines have
blurred between ethical and unethical.
Hence, one should not get carried away
being mindful of the impact of any
experience on others and practicing
empathy and compassion are sine qua
non.

Secondly, if the past learning
was good, one should always try to
build father on it and use the knowledge
of ancestors. That is why constitution of
India has been made organic. So

that with amendments the true nature
of our democracy is superimposed
with modern day demands of people.

The ultimate purpose of life should
be to experience new cultures, meet
new people and learn from them.

It will create a curious mind that is
stretched beyond possibilities. And
that is ~~the~~ how our path of new
learnings can be created.

— X — X — X — X —

Feedback
Feedback to be provided in terms of (1) Introduction (2) Sentence Constructions (3) Paragraph Formation (4) Legibility
(5) Deviation from Topic (6) Coverage of dimensions (7) Simplicity / ease of reading