

Time Allowed : 3 Hours  
समय : 3 घंटे

**ForumIAS**

Maximum Marks : 250  
अधिकतम अंक : 250

**ESSAY / निबंध**

Name Of Candidate परीक्षार्थी का नाम	Vedika Bansal		
Roll No./अनुक्रमांक	1910103173	Medium/माध्यम	English <input checked="" type="checkbox"/> हिंदी <input type="checkbox"/>
Center Code/परीक्षा केंद्र		Date/दिनांक	08/09/2023

\*Center Code : For Online - 1900 / Delhi : Karol bagh - 1901, ORN - 1902, Mukharji Nagar - 1903 / Patna : Boring Rd. - 2001 / Hyderabad : Jawahar Nagar - 2101

INDEX TABLE / अनुक्रमणिका			INSTRUCTION / अनुदेश	
Q. No. प्र.सं.	Max. Marks अधिकतम अंक	Marks Obtained प्राप्तांक	<p>1. Please do furnish Name, Email, Roll No and Mobile in the answer sheet. कृपया उत्तर-पुस्तिका में नाम, ईमेल, रोल नंबर और मोबाइल नंबर भरें।</p> <p>2. Write <b>two</b> essays, choosing <b>one</b> topic from each of the following Section A and B in about 1000 - 1200 words each. खण्ड A व B प्रत्येक में से एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000 - 1200 शब्दों का हो।</p> <p>3. The number of marks carried by a question/part is indicated against it. एक प्रश्न/भाग द्वारा दिए गए अंकों की संख्या इसके सामने इंगित की गई है।</p> <p>4. Answers must be written in the medium authorized in the admission Certificate, which must be stated clearly on the cover of this Question-Cum-Answer (QCA) Booklet in the space provided. उत्तर प्रवेश पत्र में अधिकृत माध्यम में लिखे जाने चाहिए, जो कि दिए गए स्थान में इस प्रश्न-सह-उत्तर (क्यूसीए) पुस्तिका के कवर पर स्पष्ट रूप से लिखा जाना चाहिए।</p> <p>5. Word limit in questions, if specified, should be adhered to. प्रश्नों में शब्द सीमा, यदि निर्दिष्ट हो, का पालन किया जाना चाहिए।</p> <p>6. Any page or portion of the page left blank in the Question-Cum Answer Booklet must be clearly Struck off. प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़ा गया कोई भी पृष्ठ या पृष्ठ का भाग स्पष्ट रूप से काट दिया जाना चाहिए।</p>	
Q.1				
Q.2				
Total Marks/कुल अंक				
Remarks/टिप्पणी :				
<b>For Student Only / केवल परीक्षार्थी प्रयोग हेतु</b>				
Start Time/प्रारंभ करने का समय :		End Time/समाप्त करने का समय :		
2:30		5:30		
Mode Of Examination/ परीक्षा की विधि :		Online/ऑनलाइन <input checked="" type="checkbox"/> Offline/ऑफलाइन <input type="checkbox"/>		
<b>For Office Use Only / केवल कार्यालय प्रयोग हेतु</b>				
ECN CODE/ ईसीएन कोड :		EG/ईजी :		Evaluation Date/ मूल्यांकन तिथि :
		① ② ③ ④ ⑤		

**MARKING SCHEME**

<b>Parameter/ criteria</b>	<b>Aspects Considered</b>	<b>Marks Allotted</b>	<b>Essay 1</b>	<b>Essay 2</b>
<b>Basic Format</b>	Introduction	10		
	Body	15		
	Conclusion	10		
<b>Content</b>	Topic interpretation	10		
	Quotations and ideas	10		
	Analytical skills	10		
<b>Organization</b>	Flow of ideas	10		
	Absence of deviation	10		
	Ease of reading	10		
<b>Language skills</b>	Language and sentence construction	10		
	Grammar and spelling	10		
<b>Examiner's discretion</b>	perception/ innovation/ engaging	10		

<b>Parameters</b>	<b>Very Good</b>	<b>Good</b>	<b>Average</b>	<b>Poor</b>
<b>Coherence</b>				
<b>Language</b>				
<b>Handwriting</b>				
<b>Pre-writing</b>				

<b>Very Good</b>	<b>Good</b>	<b>Average</b>
120 and above	100-120	Below 100

**SECTION - A**

1. Justice meted out should not be based only on personal conscience but conscience of the entire humanity.

प्राप्य न्याय केवल व्यक्तिगत विवेक पर आधारित नहीं होना चाहिए, बल्कि संपूर्ण मानवता के विवेक पर आधारित होना चाहिए।

2. Freedom in reality is, obedience to self-formulated rules.

वास्तव में स्वतंत्रता, स्वनिर्मित नियमों का पालन करना है।

3. Peace is only an armistice in an endless war

एक अंतहीन युद्ध में शांति केवल एक युद्धविराम है।

4. Disinterested intellectual curiosity is the lifeblood of civilisation.

अनासक्त बौद्धिक जिज्ञासा सभ्यता की जीवनदायिनी है।

Peace is only an armistice in an endless war."

The Israel - Palestine conflict is the world's most intractable conflict beginning in the 20th century. The war is linked to the age old tussle over identity and land starting with ~~Jerusalem~~ Jerusalem and the right to self-determination. In the first ARAB-ISRAEL war of 1948, Israel captured and annexed the city. Since, then Israel

has expended settlements as seen from the SIX DAY WAR, YOM KIPPUR WAR. There have been momentary period of peace through the CAMP DAVID ACCORDS and OSLO ACCORDS. This shows that peace has only been an armistice in the SIX DAY WAR.

In this essay, we will explore the nuances of how peace is important for the 'benefit of humanity', is it only an armistice of endless war? We will discuss the historical contents of how everlasting tool is the use of peace and how to develop a peaceful world.

As said by GANDHIJI, "There is no way to peace, there is only peace".

Peace is the state of absence of tension or conflict and a state of

harmony in place. Peace ensures the mutual coexistence & tolerance in society.

along with the presence of justice.

"True peace is not merely absence of tension, but presence of justice". When justice prevails, there is sense of fulfillment and the availability of opportunities to realize one's potential.

AKBAR's policy of SULH-I-KUL promoted 'universal peace' with the objective of realisation of unity in diversity. His doctrine led to establishing the fertile ground for debates and discussions

and established peace in the society. When there is peace, there is enlightenment. When there is enlightenment,

there is contentment & satisfaction and the urge to do service for others.

ASHOKA'S grief and remorse witnessed during the Kalinga war, led him to change from BEHAGHOSHA to DHAMMAGHOSHA, it signifies how peace is the everlasting solution for the survival of a civilisation. The endless wars for benefit of the nation would lead to atrocities, deaths & the doom for the world.

Peace, though as an armistice has the capability to prevent escalation of the spread of war. For instance, the Black Grain deal, brokered by UN for the movement of consignments of wheat from ukraine, has ensured

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prevention of food insecurity and the wars that could take place due to hunger and starvation.

The wars fought can be seen not only in terms of fighting for land, autonomy, religion, etc. But, there are challenges prevailing like the TRIPLE PLANETARY CRISIS, POVERTY and INEQUALITY, PREJUDICES and discrimination, etc.

The peace must be built through fighting these endless wars. It can be seen, from the collaborative efforts of countries like PARIS AGREEMENT, GOALS OF SUSTAINABLE DEVELOPMENT (SDGs), etc. Despite, it being armistice it has created ripples across the world to curb hunger, environmental degradation. The peace has been built through acceptance of issues and realising the

interdependent and interconnected nature of our existence.

As, ARISTOTLE says, "It is not enough to win the war, it is more important to organise peace". The World War I ended with the belief that the LEAGUE OF NATIONS, will ensure peace & stability. However, the colonialism and imperialism proved otherwise. The harmony of existence was not organised fueling grievances & tensions that proved the momentary nature of peace.

Temporary arrangements did not suffice and the unorganised peace laid grounds for WORLD WAR II, leading to destruction with the end of bomb blasts at HIROSHIMA and NAGASAKI. Truce was established by establishment



of UNITED NATIONS in 1945 to build an everlasting peace and promote human rights and welfare of the humanity as a whole.

As said, history doesn't repeat itself, it often rhymes, by MARK TWAIN. The distrust prevailing between SOVIET UNION & UNITED STATES OF AMERICA led to contestation of ideologies of communism & capitalism fueling the growth of COLD WAR. It proves that peace may be just an armistice to the endless wars that prevails.

The situation of cold war led to the change in the forms of wars. The war went from the battlegrounds to ideologies, an 'arms race' and 'space race', proxy wars. The nature of the endless wars have changed.

In the 21st century, the wars have taken a HYBRID mode with the mix of conventional and unconventional weapons of economics, political processes, technology, etc.

The mode of warfare of proxy wars, can be seen in the case of countries in Middle East, Africa, etc. The Afghanistan intervention: first by Soviet Union and then USA, establishes the nature of peace as a temporary suspension of hostilities.

The recent withdrawal of USA from Afghanistan, has led to the rise of TALIBAN. However, we see that the force established has not led to justice, but violation of basic human rights and freedoms and

created an atmosphere of instability,  
hindering the progress of humanity.

The prevalence of war and  
instability poses an obstacle to the growth  
of the nation and its citizens. It can  
be seen in the case of NORTH KOREA.

After the KOREAN WAR, there has been  
arms race and the constant threat.

This has led North Korea to continuously  
develop weapons at the cost of its  
developmental needs. There is existence  
of high poverty, hunger and inequality.

Despite being aware, that war  
lead to nothing, but remorse because  
it is only the dead who have seen  
the war; why can't the peace  
be built as an everlasting tool?

The humanity has seen, tremendous  
progress in all facets of life. We

have reached from lighting of fire to  
landing on moon. The richer, we  
have become materially, the poorer  
we have become spiritually & morally.  
We have learned to fly like air like  
birds & swim like fish but  
have not learnt the simple art  
of LIVING TOGETHER.

ALBERT EINSTEIN, says that Peace  
cannot be kept by force, it can only  
be achieved by UNDERSTANDING. Thus,  
the most essential way to enhance  
FRATERNITY is to understand each  
other. The nature of coexistence  
through the philosophy of UBUNTU  
can be taken heed to, which  
depicts, "I AM, BECAUSE WE ARE."

Peace can be built through  
our nature, action and thoughts.

We need to find the peace within  
for the peace outside. The Socratic  
method of debate and dialogue can  
 help ensure that peace is not just  
an armistice. The recent signing of  
NAMSAT DECLARATION to build peace  
 between two states of Assam &  
 Arunachal Pradesh are case in point.  
 achieved through dialogue,  
collaboration and coordination,  
 has enabled mankind to follow the  
 fight the endless war of PANDEMIC  
 i.e. COVID-19. The nature of pandemic  
 proved that virus knew no  
boundaries. The coming together of  
 scientists and people helped to  
recover and re-energise from the  
 pandemic, building peace for  
 the greater good of humanity.

There is a need to build VALUES of Empathy, Compassion, Tolerance, etc to ensure harmony in the world. Building of right values will go a long way to ensure that "we look towards each other and not on each other."

As said by Confucius,

6. If there is righteousness in the heart, there will be BEAUTY in the CHARACTER,  
 If there is beauty in the character, there will be HARMONY in the home.  
 If there is harmony in the home, there will be ORDER in the NATIONS,  
 When there is order in the nations, there will be PEACE in the world!

**FEEDBACK**

**Forum IAS**



### SECTION - B

1. Happiness must happen as the side effect of one's dedication to a cause greater than oneself..

प्रसन्नता किसी व्यक्ति के स्व से बड़े उद्देश्य के प्रति समर्पण के अप्रत्याशित परिणाम के रूप में होनी चाहिए।

2. Those who build walls are their own prisoner.

जो लोग दीवारें बनाते हैं, वे स्व के ही कैदी हैं।

3. The soul of man is divided into three parts, intelligence, reason, and passion.

मनुष्य की आत्मा को तीन भागों में विभाजित किया गया है, बुद्धि, तर्क और उत्साह।

4. Modesty is the color of virtue.

विनम्रता सदाचार का रंग है।

"Those who build walls are their own prisoners."

"In the sky, there is no distinction between east and west, people create distinctions out of their own minds and believe them to be true."

- GAUTAMA BUDDHA

The mind is the moulder of our perceptions. It shapes our attitudes and our behaviour. Often, the beliefs built



act as a barrier i.e. a wall and makes us the prisoner, hindering our growth.

In this essay, we will delve into the different types of walls created, and how it makes one a convict. We will also explore if building of walls are necessary and how we should remove the walls & escape from the prison.

The 'wall' signifies an obstacle or a barrier created in one's mind, that we believe to be true, influencing our thoughts, actions and behaviour. The walls may be high or low, making us a victim from fulfilling our self actualisation needs, hindering our capabilities and potential.

The barriers created can take various forms in the form of physical, psychological, ideological, cultural etc.

A physical wall may be created that is tangible and visible, like the border fences created to prevent infiltrations. During COVID-19 pandemic, we were bound by the four walls due to the lockdown. The economy came to a standstill, causing spillover effects in the lives of millions, creating a silent pandemic of domestic violence. The walls, though created out of the need to save livelihoods, made many people prisoners.

The barrier existing in the India-Pakistan relationship, has made both the countries hindering growth of the entire South Asian region as a whole. The stopping of trade activities has made the goods costly, halting the true integration. In contrast, the ASEAN countries have seen rise due to the lack of physical

Walls.

The ideological barriers exist due to the notion of superiority and belief that the other is weak and incapable. This can be depicted in the existence of PATRIARCHY in the society. From womb to tomb, it is an unequal world for women.

Often, the barrier is created that women are meant to do 'household work' and are physically weak. This stereotyping is reflected from childhood where the girl child is often neglected. The negative attitude created poses an obstacle from women to break the wall. Many believe, it is okay to be

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even beaten. However, the times are changing and we can see that we have moved from women development to women led development. There have been inspirational women in all areas of field from our Honorable President, DRAUPADI MURMU, MARY KOM, SLA BHATT, etc.

The social barriers exist in the form of social stratification, seen in caste system, racial prejudices, etc. The notion of 'purity and pollution' has made different kinds of walls leading to discrimination in employment, education, health, etc. There is often acceptance that one is born below a slab of being a prisoner in thoughts.

The walls created some by self and some by society, seeds to be seen in prevailing cultures.

The cultural barriers can be seen in the form of ethno-centrism, sons of soil, religious fundamentalism, etc.

The perception of 'saving one's own ethnicity, religion has often led to erosion of the fabric of the society in terms of ethnic clashes, suicide bombings, radicalisation, etc. The 'high walls' created lead to blurring of decision making & making one fall into being a convict.

Apart from being posed by these walls, there is a wall that is created by us and that is the fear. The 'fear of the sinking of the ship' i.e. failure often makes us the greatest prisoners in our life.

The fear of not taking a step due to what will people say, what if I fail, creates a huge wall of lack of self esteem. It stops one to step out

from comfort zone to reach the altitude  
of success. The fear may also be due  
to societal pressure, lack of opportunities  
etc. ABRAHAM LINCOLN, faced failure  
multiple times, but that didn't create  
a wall to make him a prisoner. He  
fought with grit and determination and  
became the president of United States  
of America.

This brings us to the question,  
how do we become prisoners with the  
walls created? It fuels an attitude  
that makes us react in a certain  
way. The PAULOV CONDITIONING method  
depicts how a stimulant changes our  
attitude & makes us behave. Simply,  
the thoughts created, conditions are  
actions and our opinions.

The BRITISHERS with the notion of  
civilising the society by conditioning

with 'white man's burden' created an attitude that the Britishers will help ensure people's welfare. However, that wall was broken by nationalist leaders like MAHATMA GANDHI, NARAYAN NARAYAN, etc.

'We are what we think'. Thus, having certain perception makes us interpret accordingly. It is said, that 'beauty lies in the eyes of beholder'. Our perception may make us a prisoner by having the perceived sets of prejudice, stereotyping, etc.

building a wall always having unfruitful outcomes? Certain barriers are needed which must have a sound understanding, conscious creation and ethical outcome. For instance, building a physical barrier for nation's protection in terms of security infrastructure

The values of mutual respect, tolerance, compassion must be fostered to fight the social and cultural barriers. It will help liberate from the prisons created from the social constructs.

It is said that, "one doesn't conquer the mountain but conquers self." Building adversity quotient will help one to overcome and survive and break all types of walls that makes one a prisoner. Finding one's purpose and passion through use of philosophy of IKYBI can also ensure one to not form walls in the first place. As, if one's purpose is clear, the path to attain is lighted up with an indomitable willpower.

There needs to be a balance between the walls created and one



openness. In the age of social media, we can see that there are new types of walls being created affecting the mental health of society as a whole. There is a need for constant evaluation of self i.e. self awareness,

self regulation and self motivation. There exists a dilemma between 'how much' the wall needs to be broken. Following Buddha's middle path can be taken heed to by following a moderation in our lives.

In the uncertain times, where there exists dynamism and creation of 'new normal' frequently, there is need for collective efforts to not form any walls that stall the progress of mankind. The need of

Compassion is felt more than ever where each one should break the walls of inequality, poverty, discrimination, etc. and push for the world that is inclusive, sustainable and peaceful.

The need to overcome the inner demons of self doubt, fear, hatred, etc needs to be overcome will ensure that one doesn't become a victim to his thoughts. For, when the mind is calm & still, it gives a clear picture like the still river that is clear & prevents us from taking wrong steps.

As said by, the father of our nation,  
MATTHEW GANDHI :-

Your BELIEFS become your thoughts;  
Your THOUGHTS become your words;  
Your WORDS become your actions;  
Your ACTIONS become your habits;  
Your HABITS become your values;  
Your VALUES become your DESTINY!

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**FEEDBACK**

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