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| TEST CODE | 6 | 2 | 0 | 3 | 0 | 3 |
|---|---|---|---|---|---|---|

**FIAS - MGP 2023 - Cohort 13 - Essay Test (FLT)** #3

Time Allowed : Three Hours
समय : तीन घंटे

ForumIAS

Maximum Marks : 250
अधिकतम अंक : 250

## ESSAY / निबंध

| | | | |
|---|---|---|---|
| **Name Of Candidate** परीक्षार्थी का नाम | KRITI KAMNA | | |
| **Roll No./**अनुक्रमांक | 1910122374 | **Medium/**माध्यम | English ☑ हिंदी ☐ |
| **Center Code/**परीक्षा केंद्र | | **Date/**दिनांक | 12·08·2023 |

*Center Code : For Online – 1900 / Delhi : Karol bagh – 1901, ORN - 1902, Mukharji Nagar - 1903 / Patna : Boring Rd. – 2001 / Hyderabad : Jawahar Nagar - 2101

**INDEX TABLE / अनुक्रमणिका**

| Q. No. प्र.सं. | Max. Marks अधिकतम अंक | Marks Obtained प्राप्तांक |
|---|---|---|
| Q.1 | | |
| Q.2 | | |
| **Total Marks/कुल अंक** | | |

**Remarks/टिप्पणी :**

**INSTRUCTION / अनुदेश**

1. Please do furnish Name, Email, Roll No and Mobile in the answer sheet.
कृपया उत्तर–पुस्तिका में नाम, ईमेल, रोल नंबर और मोबाइल नंबर भरें।

2. There are TWO Sections. Each Section has MULTIPLE topics printed in English/Hindi. You have to write on 1 topic from Each part.
प्रश्न पत्र में दो खंड हैं। प्रत्येक खंड में अंग्रेजी/हिंदी में बहु–विषय मुद्रित हैं। आपको प्रत्येक भाग में से किसी एक विषय का लेखन करना है।

3. One question in each part is compulsory.
प्रत्येक भाग में से एक प्रश्न करना अनिवार्य है।

4. The number of marks carried by a question/part is indicated against it.
एक प्रश्न/भाग द्वारा किए गए अंकों की संख्या इसके सामने इंगित की गई है।

5. Answers must be written in the medium authorized in the admission Certificate, which must be stated clearly on the cover of this Question-Cum-Answer (QCA) Booklet in the space provided.
उत्तर प्रवेश पत्र में अधिकृत माध्यम में लिखे जाने चाहिए, जो कि दिए गए स्थान में इस प्रश्न–सह–उत्तर (क्यूसीए) पुस्तिका के कवर पर स्पष्ट रूप से लिखा जाना चाहिए।

6. Word limit in questions, if specified, should be adhered to.
प्रश्नों में शब्द सीमा, यदि निर्दिष्ट हो, का पालन किया जाना चाहिए।

7. Any page or portion of the page left blank in the Question-Cum Answer Booklet must be clearly Struck off.
प्रश्न–सह–उत्तर पुस्तिका में खाली छोड़ा गया कोई भी पृष्ठ या पृष्ठ का भाग स्पष्ट रूप से काट दिया जाना चाहिए।

**For Student Only / केवल परीक्षार्थी प्रयोग हेतु**

| | |
|---|---|
| **Start Time/**प्रारंभ करने का समय : 7:35am | **End Time/**समाप्त करने का समय : 10:35am |
| **Mode Of Examination/** परीक्षा की विधि : | Online/ऑनलाइन ☑ Offline/ऑफलाइन ☐ |

**For Office Use Only / केवल कार्यालय प्रयोग हेतु**

| | | |
|---|---|---|
| **ECN CODE/** ईसीएन कोड : | **EG/**ईजी : ① ② ③ ④ ⑤ | **Evaluation Date/** मूल्यांकन तिथि : |

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# MARKING SCHEME

| Parameter/Criteria | Aspects Considered | Total Marks | Essay 1 | Essay 2 |
|---|---|---|---|---|
| Basic Format | Introduction + Conclusion | 10 | | |
| | Body | 15 | | |
| Content | Data/Facts/Interpretation/ Analysis | 25 | | |
| Organisation | Flow of ideas/ Absence of Deviation from the topic | 25 | | |
| Language Skills | Punctuation/Grammar/ Sentence Formation/Spellings | 25 | | |
| Examiner's Discretion | Perception/ Innovation/ Engaging | 25 | | |

| Parameters | Very Good | Good | Average | Poor |
|---|---|---|---|---|
| Coherence | | | | |
| Language | | | | |
| Handwriting | | | | |
| Pre-writing | | | | |

| Very Good | Good | Average |
|---|---|---|
| 120 and above | 100-120 | Below 100 |

## SECTION – A

1. Institutions reflect the cultural values of the societies in which they are established.

   संस्थान उन समाजों के सांस्कृतिक मूल्यों को दर्शाते हैं जिनमें वे स्थापित होते हैं।

2. He who has a 'why' to live for, can bear almost any 'how'.

   जिसके पास जीने के लिए 'क्यों'/'कारण' है, वह लगभग किसी भी 'कैसे'/'परिस्थिति' को सहन कर सकता है।

3. The power of perception shapes our understanding of reality.

   अनुभूति की शक्ति वास्तविकता की हमारी समझ को आकार देती है।

4. The tree that would grow to heaven must send its roots to hell.

   जो पेड़ स्वर्ग तक बढ़ेगा उसे अपनी जड़ें नरक में भेजनी होंगी।

He who has a 'why' to live for, can bear almost any 'how'

Middle twentieth century opened a disastrous catastrophe in Germany. The rising feeling of ethno-nationalism, personality cult and racial superiority gave birth to the holocaust. Millions of Jews were caged in concentration camps and faced utter violation of human rights. One amongst such

prisoners was Viktor Frankl. He observed the fears during his 3 year torture and saw how people who survived were often those – who had a future to look upto. He called this theory as 'Logotheory' where people with a purpose survive adversity. When he was released, he wrote a book 'Man's Search for Meaning' and described how the who has a "why" to live for can survive almost any "how".

The 'why' in our lives represent our short-term & long-term goals. It varies for different people as some

may prioritise wealth while others may prioritise health or emotional wellbeing. The 'how' represents the path & the choices we make to achieve our goal. The journey of 'how' is laden with obstacles of uncertainty & ambiguity. Here, comes the role of 'why' which provides us the [motivation] to survive & adapt. A person with meagre awareness of "why" will fall in the trap of herd mentality, relative deprivation and unguided efforts. However, this "why" should also be complemented with motivation and sacrifice to be able to survive any "how". We will establish the role of purpose, will power and

sacrifice in this essay to look at how he who has a why to live for can survive any "how".

A strong sense of "why" was seen in Helen Keller who was both blind & deaf. Overcome with challenges, she resolved to make the world easier for the disabled. Her strong sense of direction pushed her to write more than 14 books and become an ardent political activist. She showed how her 'why' helped her survive the "how" of her disabilities.

A pivotal role of 'why' is also seen in old age. When one has "retired" from social life, an intrinsic sense of purpose helps us

make everyday & avert ageing & degeneration. The "Blue Zones" of Earth, where an exceeding number of centurians live, it has been found that aged people still have picked up a purpose. Community-teaching, gardening, meditation among other activities have given the elderly the "why" to be able to overcome the "how" of oldage.

But what is "why"?

This question has a pluralistic answer. It might be the relentless pursuit of truth for some. When the world is shrouded in ignorance & superstition, pioneers are encouraged to discover truth. This discovery

might be intertwined with ridicule & insult of the "status-quoists", but a strong sense of goal will lead to success. When Galileo proposed his helio-centric model, he was ostracized by the Church. Still, he relentlessly marched on the path of truth and showed how the "why" of seeking truth helped him bear the "how" of opposition.

"When the whole world is quiet, even one voice is powerful" — Malala Yousufzai. The sense of "why" is also to breed equality in some situations. Parochial values of casteism, gender discrimination and racism has often led to rise of messiahs — angels who took

open upon themselves to reform the world. Their strong conviction challenges moral violence and helps them to innovate a better tomorrow. When Malala raised the voice of women-education, she faced rape & violent threats. Being a sixteen-year old, it would have been natural to be intimidated. However, her strong internal locus showed that one can evenine any "how" if one has a strong "why".

Another interpretation of "WHY" is the strong sense of Compassion that can motivate us for welfare. Emerging threats of materialism, jingoism and rat-race has led to inequality in the society. This demonic result

requires participation and compassion as an antidote. Compassion not only uplifts the poor, but also leads to contentment in the giver. Case in point is Mother Teresa who worked tirelessly in early impoverished days of the country — driven purely by selflessness and affection. Her strong sense of social service gave her the strength to help millions in a patriarchal & resource-less world. She showed how she who has a "why" can bear almost any "how".

How do we discover the "why"?

It is easy to ask the youth to "follow their passion" and difficult

to actually find the long-term goal - a goal that resonates with our values and priorities. Today, the world is misguided and lost without a purpose. Technologies like social media create an illusion of herd mentality & perceived depination. "To know yourself is the beginning of all knowledge" - Aristotle. This thought gains importance today & stresses how self-awareness can help us discover our "WHY". Activities like meditation, journalling and introspection can help us set our priorities and motivate us to even embark on a "Road not taken".

Bridging the 'why' with 'how'

Once, a strong sense of purpose is achieved, we need to follow

it up with hard work. Internal grit and determination will weaken the risk-aversion and pessimism-bias that shrouds us today. Fear of failure attacks the roots of any initiative and can push us to lethargy. Hence, it is imperative to complement our targets with sweat. This duo was seen in early years of footballer Lionel Messi. He was detected with deficiency of growth hormone and was dropped out of his team in school. However, continous training & nutrition put him back on track. His success trajectory shows how a strong "why" made him overcome the genetic obstacles of "how".

Apart from hardwork, one also needs to sacrifice for his "why". selfless denouncement helps us stick to our path without any external attachment. It builds resilience in us that holds us steady in the face of challenges. We look at nothing but the 'fish's eye' like Arjun and achieve our purpose.

British colonialism wreaked havoc for Indian society. It impoverished the citizens and stagnated the society. When the feelings of nationalism and self-determination rose, it provided a purpose for our heroes — Bhagat Singh, Chandra Shekhar Azad, Sukhdev among others. Overcome with the

(Don't Write in this Area/ इस पर कुछ न लिखें)

objective of "Poorna Swaraj", they stopped not in the face of flogging, jailing and even death. Our freedom fighters showed to the world that he who has a "why" to live for will survive the obstacles of "how".

Feedback

Feedback to be provided in terms of (1) Introduction (2) Sentence Constructions (3) Parapgraph Formation (4) Legibility (5) Deviation from Topic (6) Coverage of dimensions (7) Simplicity / ease of reading

## SECTION – B

1. A mind that is stretched by a new experience can never go back to its old dimensions.

   जो मन किसी नये अनुभव से खिंच जाता है वह कभी भी अपने पुराने आयामों पर वापस नहीं जा सकता।

2. One health approach: a call for ecological equity.

   एक स्वास्थ्य दृष्टिकोण : पारिस्थितिक समानता का आह्वान।

3. Culture can unite what history and geography has divided.

   संस्कृति उसे एकजुट कर सकती है जिसे इतिहास और भूगोल ने विभाजित किया है।

4. Social evils have not completely left the ground, instead are changing their form.

   सामाजिक कुरीतियाँ व्यवहार में पूरी तरह से ख़त्म नहीं हुई हैं, बल्कि अपना रूप बदलती जा रही हैं।

A mind that is stretched by a new experience can never go back to its old dimension

King Sidhartha was born with a golden spoon in Lumbini. His Shakya clan celebrated his birth and provided all luxuries to ~~his~~ the young prince. Once, the prince ventured out of his comforts and witnessed the grief of an old man, a sick man and a dying person. He was

shocked to his senses and immediately denounced his royal life. He undertook years of meditation to discover a new experience — "Moksha" or enlightenment. His experience enabled him to discover the cause of sorrow in the world and he gave the Eight-fold Path to his followers. Enriched by his new experience, Lord Buddha never went back to his luxuries and prevailed on his path of ascetism.

Our lives are laden with 'new experiences' which represent inventions, discoveries and evolution at personal and societal level. These experiences broaden our vision and breaks the

shackles of ignorance or the "old dimensions". These archaic values create inefficiency & unsatisfaction in human race — where the lure of the unknown continues to attract us. New experiences are extremely important for progressive development and it is rare to find us returning to our old selves. Retrograde measures will only invite stagnancy & lethargy. To keep our society on the path of upward development, we require hope and perseverance as a medicine for mediocrity.

The irreversibility of new experiences is witnessed in the evolutionary process of Homo sapiens. Specialising from the

arboreal apes, when early Homo sapiens tried to venture terrestriality, he experienced the advantages of bipedalism. Walking on his two legs, man discovered the possibility of running, seeing through long distances and utilizing his hands. These advantages prevented him to return to the trees and showed how a mind that is stretched by new experiences can never return to old dimensions.

An epitome of new experiences was also witnessed during French Revolution. Thinkers like Rousseau and Voltaire introduced concepts of liberty and equality that later

became the bedrock of revolution. These ideals not only transformed the European thought of 18th century but also catapulted the world to democracy and decolonisation. Use of "liberty and equality" in constitutions even today, highlight how new experiences can never allow human mind to go back to old dimensions.

The magic of new experiences

One often wonders why "change is the only constant". Humans have always embraced novelties as it removes decaying values of discrimination and injustice. It charts out the path to an advanced & fair society

– a society thriving in happiness and contentment. This doctrine of progressive realisation of rights was seen in repeal of section 377 of IPC. When new ideas of homosexuality and privacy crept in Indian society, there was no looking back. Decriminalisation of LGBTQIA+ rights rang true of the fact that new experiences will restrict the human mind to return to old dimensions.

The charm of unknown experiences also lies in the challenge it provides to the human mind. These experiences open up competition and spurs activity to provide a

purpose to human life. It is a motivation for action. Such a transformative phase was seen in 1991 when India embraced ideas of liberalisation, privatisation and globalisation. These alien but unique ideas instantly led to sky-rocketing GDP growth and standard of living. It broke away the old dimensions of protectionism and gave the country a fresh breath of relief from inertia lethargic inertia. Even today, the push for FDI, startups and "minimum government, maximum governance" reflects that a mind stretched by new experiences can never go back to its old dimensions.

Another importance of new experiences is it removes ignorance of the human kind and sets us on the path of truth. New experiences attack our status-quoist nature and shows us the potential of future. Scientific discoveries of each day expose our limited knowledge and sparks curiosity. The imaginative theories of space tourism, robotics and artificial intelligence has pushed human boundaries — leaving humans craving for more. The richness of new experiences ~~have~~ has the potential in bridging the Real with the Ideal.

How to innovate new experiences?

Any invention or discovery runs the risk of reluctance from parochial minds. They want to keep embracing the old dimensions as it is both comfortable & self-serving to them. This inflexibility and ignorance needs to be curbed by the process of education and transformation. A case in point of such arduous campaigning was seen in Raja Ram Mohan Roy. He introduced the new ideals of humanism and reason through his efforts of Brahmo Samaj. Mere experiences

would not have created a lasting change. So he complemented it with sensitization efforts to prevent human brain from from going back to old dimensions.

The trauma of lockdown and mortality of Corona virus will remain unforgettable for a long time. It brought with it the disasters of inflation, vaccine inequity, migrant issues and loss of dear ones, to name a few. This health emergency was a new for the whole world and hence led to delayed & inappropriate mitigation measures. But, it instilled in us the

awareness and preparedness for any such catastrophe for the future. WHO's renewed push on 'Pandemic Treaty' is a solid reflection of how we cannot afford to return back to old dimensions. The gradual rebuilding of economies ~~are~~ is now equipped to handle such 'new experiences' and shows how a mind stretched by such can never go back to old dimensions.

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**Feedback**

**Feedback to be provided in terms of (1) Introduction (2) Sentence Constructions (3) Parapgraph Formation (4) Legibility (5) Deviation from Topic (6) Coverage of dimensions (7) Simplicity / ease of reading**