

TEST CODE : 5 1 5 3 4

FIAS | MGP 2022 (C-13) | Essay Test #2

ForumIAS

ESSAY

Name Of Candidate	POOJA MALANI	
Roll No.	1910071662	Date: 3-09-2022

Time Allowed: Three Hours

Maximum Marks: 250

INDEX TABLE

Q. No.	Max. Marks	Marks Obtained
Q.1		
Q.2		
Total:	250	

INSTRUCTION

- Please do furnish Name, Email, Roll No and Mobile in the answer sheet.
- There are TWO Sections. Each Section has MULTIPLE topics printed in English & Hindi. You have to write on 1 topic from Each part.
- One question in each part is compulsory.
- The number of marks carried by a question/part is indicated against it.
- Answers must be written in the medium authorized in the admission Certificate, which must be stated clearly on the cover of this Question-Cum-Answer (QCA) Booklet in the space provided.
- Word limit in questions, if specified, should be adhered to.
- Any page or portion of the page left blank in the Question-Cum Answer Booklet must be clearly Struck off.

Evaluator's Discretion:

Any specific messages for ForumIAS Mentors/Evaluators with respect to your copy? Write it here.

Please try to evaluate it before UPSC MAINS - 2022 exam of essay.

Total Marks:

For Student Only

Start Time 5:05 PM	End Time 7:50 PM
Mode Of Examination:	Online <input checked="" type="checkbox"/> Offline <input type="checkbox"/>

Evaluator's Discretion: This is the marks awarded at the discretion of the evaluator based on your overall impression, on the basis of (but not limited to) your handwriting, presentation, use of diagrams, flowcharts, facts and figures or absolutely anything that he/she liked in your copy.

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ECN CODE:	EG:	Evaluation Date:
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MARKING SCHEME

<i>Parameter/Criteria</i>	<i>Aspects Considered</i>	<i>Total Marks</i>	<i>Essay 1</i>	<i>Essay 2</i>
<i>Basic Format</i>	Introduction + Conclusion	10		
	Body	15		
<i>Content</i>	Data/Facts/Interpretation/ Analysis	25		
<i>Organisation</i>	Flow of ideas/ Absence of Deviation from the topic	25		
<i>Language Skills</i>	Punctuation/Grammar/ Sentence Formation/Spellings	25		
<i>Examiner's Discretion</i>	Perception/ Innovation/ Engaging	25		

<i>Parameters</i>	<i>Very Good</i>	<i>Good</i>	<i>Average</i>	<i>Poor</i>
<i>Coherence</i>				
<i>Language</i>				
<i>Handwriting</i>				
<i>Pre-writing</i>				

<i>Very Good</i>	<i>Good</i>	<i>Average</i>
120 and above	100-120	Below 100

SECTION - A

1. Happiness is nothing more than good health and a bad memory.

प्रसन्नता अच्छे स्वास्थ्य और बुरी याददाश्त से ज्यादा कुछ नहीं है।

2. One can evade reality but one cannot evade consequences of evading reality.

कोई वास्तविकता से बच सकता है लेकिन वास्तविकता से बचने के परिणामों से नहीं बच सकता।

3. Civilization begins with order, grows with liberty and dies with chaos.

सभ्यता व्यवस्था से शुरू होती है, स्वतंत्रता के साथ बढ़ती है और अराजकता से मर जाती है।

4. Listen with curiosity, speak with honesty, act with integrity.

जिज्ञासा से सुने, ईमानदारी से बोलें, सत्यनिष्ठा से कार्य करें।

Happiness is nothing more than
good health and a bad memory.

Ram, a 30-year old software engineer works in a multi-national company with a six figure salary. Everyone in his friend circle tells him that how lucky he is and absolutely happy.

On listening the word 'happy', Ram suddenly remembers daily arguments between him and his boss over petty issues. These arguments are always there in Ram's mind making him feel under-confident.

This under-confidence induced depression has spillover effect in deterioration of his health. Ram knows that his problem will be solved if he is able to forget about bad experiences after learning from them.

At this moment of time, Ram thinks that no money is able to make him happy. Happiness is all about feeling healthy and letting go.

Thus, it can be said that happiness is nothing more than good health and bad memory.

In above instance, for Ram, happiness meant inner-peace but what does happiness mean in general?

Is its meaning varies from person to person? What do good health and bad memory mean? How do they relate themselves with happiness?

Let us try to answer these questions in subsequent paragraphs.

First, answer to question of meaning of happiness lies in the domain

we are referring. Let us simplify.

For a kid, happiness is about getting favorite toys and food.

For a student, happiness is getting good marks in test and for an adult, it is related with career advancement.

Moving from individual to society level, happiness will be associated with collective goals.

For Ex- a society in which social bonds are guided by compassion and mutual help will be happy.

The same goes with happiness of a country. To measure a country's happiness, Global happiness index takes health, interpersonal and community relation and satisfaction of people as parameters.

Till now, we have seen meaning of happiness at various levels.

One thing which is common in all and often goes unnoticed is pre-requisite of good health.

That is, a kid can't play happily if s/he is malnourished and suffers from disease like Kwashiorkor.

A student can't score well if s/he is mentally depressed.

Similarly, an adult most probably a woman lacking good reproductive health will lose career opportunities.

Above instances show importance of various dimensions of 'good health'.
Let us elaborate on this aspect more.

First, malnourishment in kids is visible through prevalence of stunting in 37% of children under-5. This shows limitations of society and governance in providing nutritious food to children.

This hampering 'happiness' goals at society and national level.

Second, mental health - the most undiscussed aspect of health. According to mental health survey 2017, 14% of people need mental help but reluctant to ask for it. This is due to 'social stigma' attached with issues like depression and anxiety.

This hampers 'goals of happiness' of India's demographic dividend.

For Ex - NERB data reports 30% of students' suicides due to failure related depression.

Third, Reproductive health for a woman includes control over her body, knowledge regarding biological processes going in her body and access to means to tackle some issues.

For Ex - Marital rape denies a woman's autonomy over her body creating mental trauma.

Taboos regarding menstruation and period poverty ^{force} make many teenage girls to dropout from school. Also these limit career opportunities for women.

This hinders happiness goals of an individual as well as

of a nation. As this shows
unachievement of gender parity.

Having discussed about
 importance of different dimensions
of health in ensuring individual's,
society's and nation's happiness, let

us add a new element of 'Bad memory'

Bad memory refers to short-
term memory where people can

easily let go of bad things or
experiences. This help them in

shedding invisible burden of baggages

and makes their journey easy.

Most common baggages - a person

Carriers - is of failures of past.

Past failures create and perpetuate an unnecessary fear which stops a person from moving ahead in life. Thus, hampering both good health (due to depression) and happiness due to present-ignorance.

Examples can be failure in academics, business and even in personal relationships. When one carries 'good memory' of 'bad experiences', s/he negates 'second chance' to him/herself.

Successful examples of persons who had 'bad memory' and moved ahead with ease includes name of great inventor 'Thomas Edison'.

He said, "I have learnt 1000 ways of not working to learn that one way of working". This shows his attitude of looking for 'blessing in disguise' in his failures.

Moving from individual to 'national' level, best example of bad memory and happiness is of our 'India'.

Our country tried to forget black past of colonialism by Britain in order to advance future oriented partnerships. Recent developments of India-UK free Trade Agreements in wake of Brexit indicates a 'new chance' India had given

to ~~it's~~^{her} old friend and her self.

'New Chance' - a term we used in above line. What does it mean?

The journey from bad experiences to new chance not only involves bad memory but also certain learnings.

When we learn from our mistakes and are able to let go then we also shed baggage of 'counting'.

That is, at that moment every step of ours directed towards moving ahead becomes a 'new chance' in itself ensuring happiness in pursuit of mental peace.

Above example of Indira and our discussion on New chance

shows synergy ^{among} ~~between~~ bad memory, national goals and happiness of both - individual and nation.

Till now, we have discussed sufficiently at domestic level. Let us now see how magicians - good health and bad memory ensures 'magic' of 'global happiness' or some change is need of now.

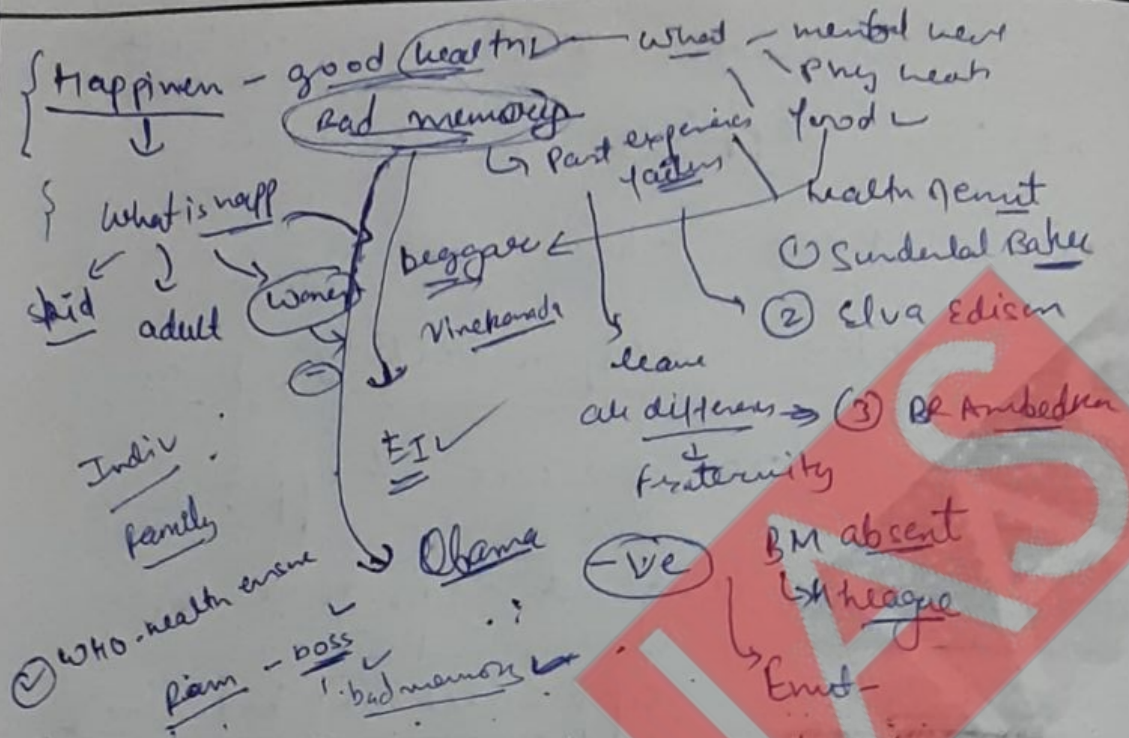
Global happiness lies in curbing global warming below 1.5°C - noted by IPCC. This aggravation of climate change is due to bad memory of developed countries about harm they did to environment.

They took away good ecological health and negates happiness to developing countries. Here, the need of now is to take responsibility of loss and damage to ensure happiness.

Thus, indicating a departure from our previous approach of bad memory.

To sum up, it can be said that bad memory of negative experiences coupled with 'good memory' of responsibilities are necessary to ensure public health and happiness. For an individual, need is to look inside.

As it is said, "Happiness lies inside you, seek it".



Feedback

Feedback to be provided in terms of (1) Introduction (2) Sentence Constructions (3) Paragraph Formation (4) Legibility (5) Deviation from Topic (6) Coverage of dimensions (7) Simplicity / ease of reading

SECTION - B

1. Science gathers knowledge faster than society gathers wisdom.
समाज द्वारा संग्रहण किए गए बुद्धिमत्ता की तुलना में विज्ञान ज्ञान का संग्रहण तीव्र गति से करता है।
2. Energy drives economies and sustains societies.
ऊर्जा अर्थव्यवस्थाओं को संचालित करती है और समाजों को बनाए रखती है।
3. Those who wish to reap the blessings of liberty must undergo the fatigues of supporting it.
जो लोग स्वाधीनता के आशीर्वाद का फल भोगना चाहते हैं, उन्हें इसका समर्थन करने की थकान से गुजरना होगा।
4. Research is formalised curiosity and creation of new knowledge.
अनुसंधान औपचारिक जिज्ञासा और नए ज्ञान का सृजन है।

Laxmi Agarwal is a well known name today as she is CEO of chain cafes headed by women under brand name of 'Sheroes'.

'Sheroes' symbolises 'she' and 'heroes', i.e., departure from male dominated image of 'hero'.

Well, the question is what makes 'Sheroes' different? what

is unique about Laxmi Agarwal?
 The uniqueness lies in an accident
 when she was 15 years attack old.
 She faced an acid attack by a boy
 who was forcing her for marriage.

That attack took her identity,
 her face and her dreams. But Lakshmi
 was not ready to give up. She
 wanted liberty from injustice,
helplessness and from discrimination
 by society. This quest for liberty
was not only for herself but also
 for all acid attack survivors who
 were discarded by their families.

This led to ^{formation} formulation of 'Sheroes'
Cafe operated by all acid attack survivors.

It was a long fight of Lakshmi
and her comrades that led to an
acid ban in country symbolising
liberty from lawlessness. Thus, it
makes us conclude, those who wish
to reap blessings of liberty must
undergo fatigues of supporting it.

In this essay, we are going
to analyse various dimensions of liberty
and effort done by people to achieve
them. Also we will analyse what
drives people towards struggle.

Let us start with, defining the term "liberty". It means freedom.
But freedom from what? That's the question.

A very first successful story of freedom comes to our mind is of liberty from colonial rule for our country.

'Freedom struggle' symbolising quest for liberty is itself a story of uncountable sacrifices by our freedom fighters. Whether he was

revolutionary Bhagat Singh,

moderate G.K. Gokhale, Queen Jhansi

- Rani Lakshmi Bai (a warrior woman)
and father of our nation - Mahatma Gandhi.

The only thing which united their efforts across time and space was their wish to reap blessings of liberty ^{for masses}.
And those sacrifices are nothing but fatigues of support.

Moving ahead from struggle for independence to post independence era,
we let us see how meaning of liberty changes?

'Liberty' from colonial rule changes to liberty from poverty, mortality and hunger. The plight of masses drives policy makers to initiate groundbreaking efforts.

Efforts in direction of achieving
food security and eradicating hunger
 included Green Revolution. Green

Green Revolution in initial
 stages symbolised unending efforts
 of farmers which made everyone

to say, "Jai Jawan, Jai Kisan."

Thus, liberty from food dependence
 and hunger was achieved as blessings.

For liberty from poverty, many
 programmes were launched like

'Nationalisation of banks', Garibi

Hatao Abhiyan, etc.

However, success of all these was limited. due to lack of support of masses

So, did we achieve liberty from poverty or not?

The answer is Yes! We achieved

liberty from poverty to some extent

with launch of Deen Dayal Upadhyay

Grami Kaushal Yojana (DDU-KY) and creation

of Self Employment Women Association (SEWA)

Both of these programmes were aimed at making vulnerable sections

of poor as active stakeholders.

That is, with self help groups (under SEWA) and DDU-KY's skills,

people started working themselves

for themselves.

Similarly, 'liberty' for women means liberty from shackles of patriarchy. It was only achieved when struggle for liberty receives fatigue of support of women.

Examples being achievement of permanent commission for women in army, i.e., liberty from unwise gender-based discrimination in armed forces.

Above instance raises a question, ~~that~~ "Do only women wish liberty from patriarchy? Does only women participation ensure results?"

The answer to these questions are provided by some men who worked for liberty of women from patriarchy.

Tracing from 19th century's

Raja Ram Mohan Roy ' Anti sati

movement to today's padma -

sunachalam, men participation has

also provided fatigue of support as

they wished these blessings for their

country - women.

This shows how 'liberty' and struggle for it cut across gender

and time. Does it cut across

class and caste divisions also? Let

us see.

Mahatma Gandhi and Dr BR
Ambedkar wanted blessings of
liberty from untouchability.

Although their approaches, class
and castes were different but
the united struggle and aim of
inclusive society was same.

Let us now couple this struggle
against caste-based discrimination
with masses' support and see results.

In South India, E V Ramaswamy
Naicker's Self Respect Movement
demanded effort of masses in form
of education to achieve liberty.

from 'injustice'. Later on, the so-called Toddy-Tappers community mobilised itself into 'Justice Party'.

Thus, best blessings of liberty achieved due to fatigue of those who support it.

Till now, we have discussed about liberty at individual and national level. Let us now move towards 'global level'.

Globally, we need 'liberty' from nuclear arms, space warfare and climate change. What does it require to achieve reap blessings of these liberties?

Liberty from 'nuclear arsenals' requires support of all countries including prominent nuclear powers like China.

'Liberty' from 'space warfare' will need signing of a space treaty by all stakeholders including small developing countries as they are only ones to suffer.

'Liberty' from climate change needs 'fatigue & support' from global community - individuals, nations, organisations, etc.

As former US president [Obama] said, that we are first generation to experience climate change and last to do anything about it.

To sum up, it can be said that struggle for liberty is not a cakewalk and requires perseverance and a courageous attitude. It has to come from those who seek to achieve liberty.

The need of hour is to make all struggles inclusive by including more marginalised sections. As handholding of weak makes journey more beautiful and dutiful.

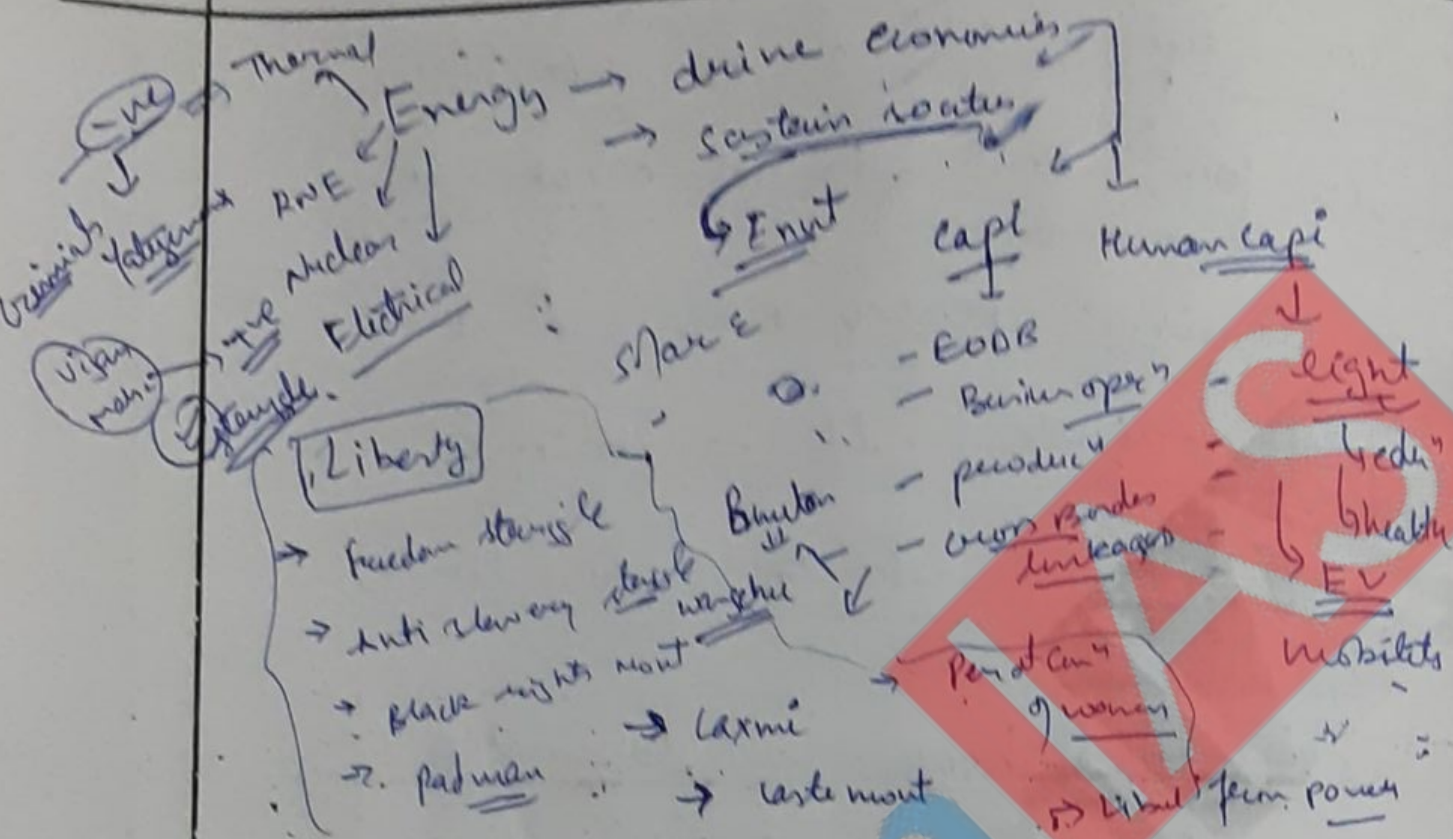
That is why, Our preamble has adopted holy trinity of 'Liberty, Equality and Fraternity' to ensure a just, equal and shared struggle and see blessings of liberty.

(LAF) Preamble

liberty, ensure inclusion, means of liberty

what it adds, determine, fatigue of sustainable

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Feedback

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