

### ***How to reach Tapasya (Forum Residential Coaching)?***

Tapasya Campus is in Naugaon tehsil of Alwar district in Rajasthan. It is located very close to Haryana and Rajasthan border along Delhi – Alwar/Sohna – Alwar Road. It is easily accessible via road, rail and air.

**Road:** The campus is well connected by road from both Delhi and Jaipur. It lies on main Delhi – Alwar / Sohna – Alwar Road. It is a 35 mins drive after taking exit HR – 05 (Firozpur Jhirka) from Mumbai express way while coming from Delhi and HR – 01 exit when coming from Jaipur.

The buses ply daily in a good frequency from Dhaula Kuan (Delhi), IFFCO Chowk (Gurgaon) and Rajiv Chowk (Gurgaon) and they halt near the campus. The drive from Dhaula Kuan to campus is just a little over 2 hours. Similarly, the drive from Jaipur is just a little under 2.5 hours.

**Rail:** The nearest railway station to campus is Ramgarh (7.6 km) and Alwar (31 km). The travel time from Ramgarh railway station is hardly 10 mins. The travel time from Alwar station to campus is just under 45 mins. Daily trains ply to Alwar Station from Delhi (Sarai Rohilla), Gurgaon and Jaipur at a good frequency.

**Air:** The nearest airport to the campus is Indira Gandhi International Airport, Delhi which is 124 Km away from the campus. It will take a little under 2 hours from IGI Airport to campus via Mumbai expressway.

The students travelling from rail and arriving at Alwar or Ramgarh station will be provided for a travel helpdesk number which will help them commute to the campus hassle free. The travel helpdesk will be arranged by ForumIAS but the cost of commute has to be borne by the student.

The campus is open for site visit from 30th January 2025 onwards.

#### **Below is the Address Details:**

Tapasya Learning Centre, Khasra No. 2209, Naugawan, Near Mandapur Mor, Delhi Alwar Road  
Ramgarh, Tehsil Naugaon, District: Alwar, State: Rajasthan, PIN Code: 301025

**Google Map Location:** <https://go.forumias.com/tapasya>

### FRC-8 Checklist

#	Items	To be provided by institution	To be sourced by student	Can be sourced locally	Remarks
1	Bed	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	one single bed will be provided
2	Mattress	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	one single mattress will be provided of size 6x3. students must bring a mattress cover before using it
	Mattress Cover	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
3	Almirah	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	a steel almirah with locker will be provided to students
4	Study table	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
5	Chair	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
6	Book rack	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
7	Ceiling Fan	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
8	Wi-Fi	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	A commonly shared wifi will be provided for fair usage and browsing. students may use own 5G or a dedicated connection if they need dedicated and separate internet for high data consumption.
9	RO water	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
10	Gyaser (hot water in washroom)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
11	AC	<input checked="" type="checkbox"/>			Window AC will be provided in all Hostel rooms.
12	Curtains	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	size 4 feet wide and 6 feet high
13	Curtain rod and fixture	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
14	Pillow and pillow cover	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
15	Blanket	<input type="checkbox"/>	<input checked="" type="checkbox"/>		
16	Bedsheet	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
17	Bucket	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
18	Mug	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
19	Mess	<input checked="" type="checkbox"/>	<input type="checkbox"/>		
20	Tubelight Lights	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
21	Light Bulb	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	One empty socket for a light bulb will be provided. students may use an additonal light source for studies or a night bulb at their discretion
22	Hot water kettle for room	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
23	Room Heater	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	

There are 2 normal power sockets and 2 16-amp power sockets in the room.

## **Do's and Don'ts for hostel**

### **Do's:**

1. **Maintain Cleanliness:** Keep your room, common areas, and bathrooms clean and organized.
2. **Respect Quiet Hours:** Be mindful of study or rest times for your fellow residents.
3. **Follow Hostel Rules:** Adhere to all hostel regulations, including guidelines for library usage, mobile phone etiquette, and visitor policies.
4. **Be Respectful:** Treat roommates, staff, and other hostel residents with kindness and respect.
5. **Secure Belongings:** Lock your room and personal items to ensure their safety.
6. **Participate in Activities:** Engage in FRC Team and Mentor's guided preparation process and activities to do your preparation better.
7. **Report Issues:** Inform hostel authorities about maintenance issues or conflicts promptly.
8. **Share Resources:** Use shared spaces and resources responsibly, such as kitchens, study areas, and laundry.
9. **Communicate Clearly:** Openly discuss any issues or concerns with the FRC Management or the designated warden.
10. **Plan Travel Smartly:** Inform the hostel management in advance if you plan to leave the hostel for any reason.

### **Don'ts:**

1. **Avoid Disturbances:** Don't play loud music or make noise that could disturb others.
2. **No Smoking or Drinking:** Adhere to the hostel's policies on smoking, alcohol, or any prohibited substances.

3. **Don't Overuse Utilities:** Be mindful of water and electricity usage to avoid wastage.
4. **No Damage:** Don't damage hostel property, including walls, furniture, or appliances.
5. **Avoid Littering:** Don't leave trash or personal items in common areas.
6. **No Unauthorized Visitors:** Avoid bringing in guests without proper permission.
7. **Don't Hoard Shared Spaces:** Limit the use of shared facilities to ensure availability for others.
8. **Avoid Conflicts:** Refrain from arguments or fights; resolve disputes respectfully and promptly inform the FRC Management if needed.
9. **Don't Skip Meals:** If meals are provided, try not to waste food or miss meal times unnecessarily.

These guidelines help foster a respectful and cooperative environment for everyone living in the hostel.