

TEST CODE 8 2 1 3 0 4

MGP 2025

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Time Allowed : 3 Hours
समय : 3 घंटे**Forum IAS**Maximum Marks : 250
अधिकतम अंक : 250**ESSAY / निबंध**

Name Of Candidate परीक्षार्थी का नाम	ARYAN YADAV		
Roll No./अनुक्रमांक	1910136025	Medium/माध्यम	English <input checked="" type="checkbox"/> हिंदी <input type="checkbox"/>
Center Code/परीक्षा केंद्र	1900	Date/दिनांक	09-08-2025

*Center Code : For Online - 1900 / Delhi : Karol bagh - 1901, ORN - 1902, Mukharji Nagar - 1903 / Patna : Boring Rd. - 2001 / Hyderabad : Jawahar Nagar - 2101

INDEX TABLE / अनुक्रमणिका			INSTRUCTION / अनुदेश		
Q. No. प्र.सं.	Max. Marks अधिकतम अंक	Marks Obtained प्राप्तांक	1. Please do furnish Name, Email, Roll No and Mobile in the answer sheet. कृपया उत्तर-पुस्तिका में नाम, ईमेल, रोल नंबर और मोबाइल नंबर भरें।		
Q.1			2. Write two essays, choosing one topic from each of the following Section A and B in about 1000 - 1200 words each. खण्ड A व B प्रत्येक में से एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000 - 1200 शब्दों का हो।		
Q.2			3. The number of marks carried by a question/part is indicated against it. एक प्रश्न/भाग द्वारा किए गए अंकों की संख्या इसके सामने इंगित की गई है।		
Total Marks/कुल अंक			4. Answers must be written in the medium authorized in the admission Certificate, which must be stated clearly on the cover of this Question-Cum-Answer (QCA) Booklet in the space provided. उत्तर प्रवेश पत्र में अधिकृत माध्यम में लिखे जाने चाहिए, जो कि दिए गए स्थान में इस प्रश्न-सह-उत्तर (क्यूसीए) पुस्तिका के कवर पर स्पष्ट रूप से लिखा जाना चाहिए।		
Remarks/टिप्पणी :			5. Word limit in questions, if specified, should be adhered to. प्रश्नों में शब्द सीमा, यदि निर्दिष्ट हो, का पालन किया जाना चाहिए।		
			6. Any page or portion of the page left blank in the Question-Cum Answer Booklet must be clearly Struck off. प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़ा गया कोई भी पृष्ठ या पृष्ठ का भाग स्पष्ट रूप से काट दिया जाना चाहिए।		
For Student Only / केवल परीक्षार्थी प्रयोग हेतु					
Start Time/प्रारंभ करने का समय :			End Time/समाप्त करने का समय :		
9:00			12:00		
Mode Of Examination/ परीक्षा की विधि :			Online/ऑनलाइन <input checked="" type="checkbox"/> Offline/ऑफलाइन <input type="checkbox"/>		
For Office Use Only / केवल कार्यालय प्रयोग हेतु					
ECN CODE/ ईसीएन कोड :		EG/ईजी :		Evaluation Date/ मूल्यांकन तिथि :	
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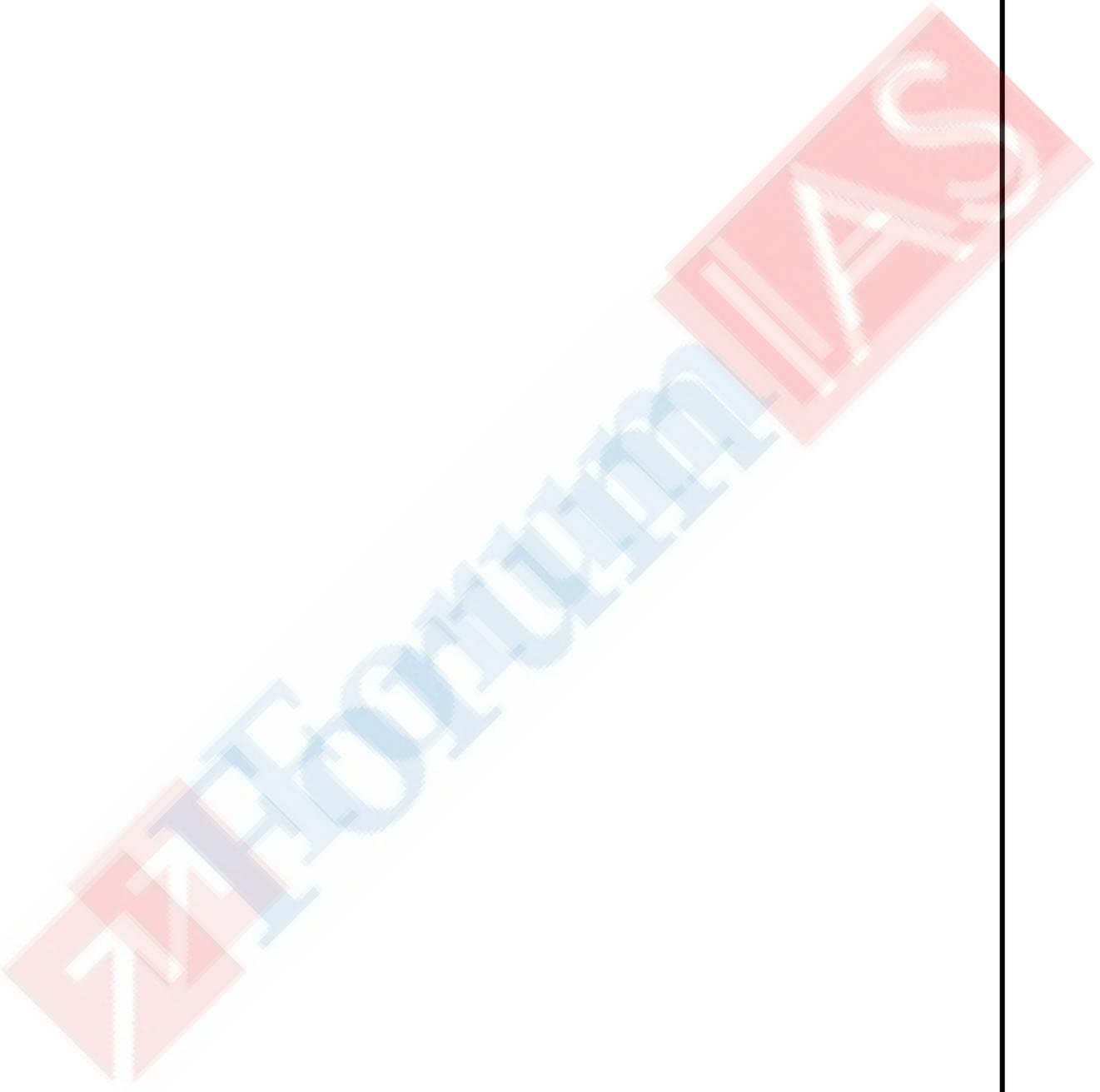
MARKING SCHEME

<i>Parameter/ criteria</i>	<i>Aspects Considered</i>	<i>Marks Allotted</i>	<i>Essay 1</i>	<i>Essay 2</i>
Basic Format	Introduction	10		
	Body	15		
	Conclusion	10		
Content	Topic interpretation	10		
	Quotations and ideas	10		
	Analytical skills	10		
Organization	Flow of ideas	10		
	Absence of deviation	10		
	Ease of reading	10		
Language skills	Language and sentence construction	10		
	Grammar and spelling	10		
Examiner's discretion	perception/ innovation/ engaging	10		

<i>Parameters</i>	<i>Very Good</i>	<i>Good</i>	<i>Average</i>	<i>Poor</i>
Coherence				
Language				
Handwriting				
Pre-writing				

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The best way to predict the future is to create it.

"I am the master of my fate,
I am the captain of my soul."

When he was in prison, Nelson Mandela took inspiration from these lines of the poem Invictus. On his release from prison, Mandela put emphasis on reconciliation and rehabilitation to build trust in society after the horrors of the apartheid.

Mandela had a vision of a peaceful future for South Africa. After gaining power, he transformed that vision into reality hence creating

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the very future that he had dreamt of.

Predicting the future is a tall task, future by its nature is unpredictable and uncertain. You may strike gold and win the lottery one day and lose it all the next day to a disaster.

Despite this enigmatic nature, the allure of predicting the future is quite strong. People crave a sense of control over their lives, of knowing what will happen in the future. This very fact has led to the popularity of Astrology.

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Furthermore, predicting the future can give a sense of comfort in knowing what comes next. Many see predicting the future as a way to earn money. Stock market traders spend years analyzing chart patterns to predict future price movements.

However the practice of trying to predict the future is inherently contradictory due to the unpredictable nature of future. Instead, we can create our own future and hence have control over it.

Directed and dedicated hard work can enable us to achieve our goals and visions

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in life. Hard work can turn the uncertainty of future into certain and objective facts.

At the age of five, Wilma Rudolph contracted polio and was told she would likely never walk again. Rather than put her head down and accept this, she worked incredibly hard and went on to become a three time Olympic gold medalist in track and field.

To create our future we must focus on things that we can control, rather than worrying about things that we have no power about.

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This enables us to transform our destiny and create our future.

In 1991, India faced a grave balance of payments crisis. Focusing on the controllable aspects of economic policy, India brought reforms which helped create a future where India is the 4th largest economy in the world.

Creating our future requires long term planning. It's impossible to create a future that we ourselves are unsure about. Instead, we must have a clear vision of what we want the future to be.

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(उम्मीदवारों को
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The clear vision of the founding fathers of India is what enabled them to create the future of a democratic and just India. Their vision enabled long term planning to achieve their goals. Sun Tzu, in the 'Art of War' states that most wars are won well before any battles are fought, emphasising on the importance of planning in a war.

Another crucial step to creating our future is resilience in the face of failure. Things often don't go as we plan them out to. Failure is a natural step and part of building our future.

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Thomas Edison failed thousands of times in his endeavour to build the light bulb. His dream kept him going through these failures, creating a future where his invention brings light to the lives of billions.

The theory of existentialism states that humans are born as blank slates and we shape our future via the choices we make and decisions we take. Hence it reaffirms our ability to create our future. This control of our^{ne} future can have profound impacts not only on our own lives but society and the world at large.

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Those who create their future act as trailblazers, bringing innovation and challenging prevailing norms. They help bring opportunities for people around them, creating a new future.

The Wright brothers had a dream of soaring in the skies. They turned this dream into reality building the aeroplane. Now, air travel has opened up opportunities for millions around the world.

This ability to control the future enables people to build a better future. By turning their vision into action,

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influence

Such people ~~help~~ influence people around the world to follow their actions and build a better future. As Mohatma Gandhi said, "Be the change you wish to see in the world."

A great example of this was seen with the Chipko movement, where locals in Uttarakhand hugged trees to prevent logging. Their brave actions inspired millions across India to come out in their support and helped bring environment reforms in India, creating a better future for all citizens.

Unfortunately this ability can also be misused to create

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a worse future as we saw
in world war-2 with Hitler's
Vision of a Nazi Germany.

We must also acknowledge
that the future is shaped
by many factors including
luck and random chance
which are often out of
our control. 260 people
tragically died due to a
plane crash recently, unfortun-
ately for them they had
no control over their future.

Circumstances also greatly
shape our control over our
future. A woman born under
Taliban rule in Afghanistan is
restricted by the law preventing

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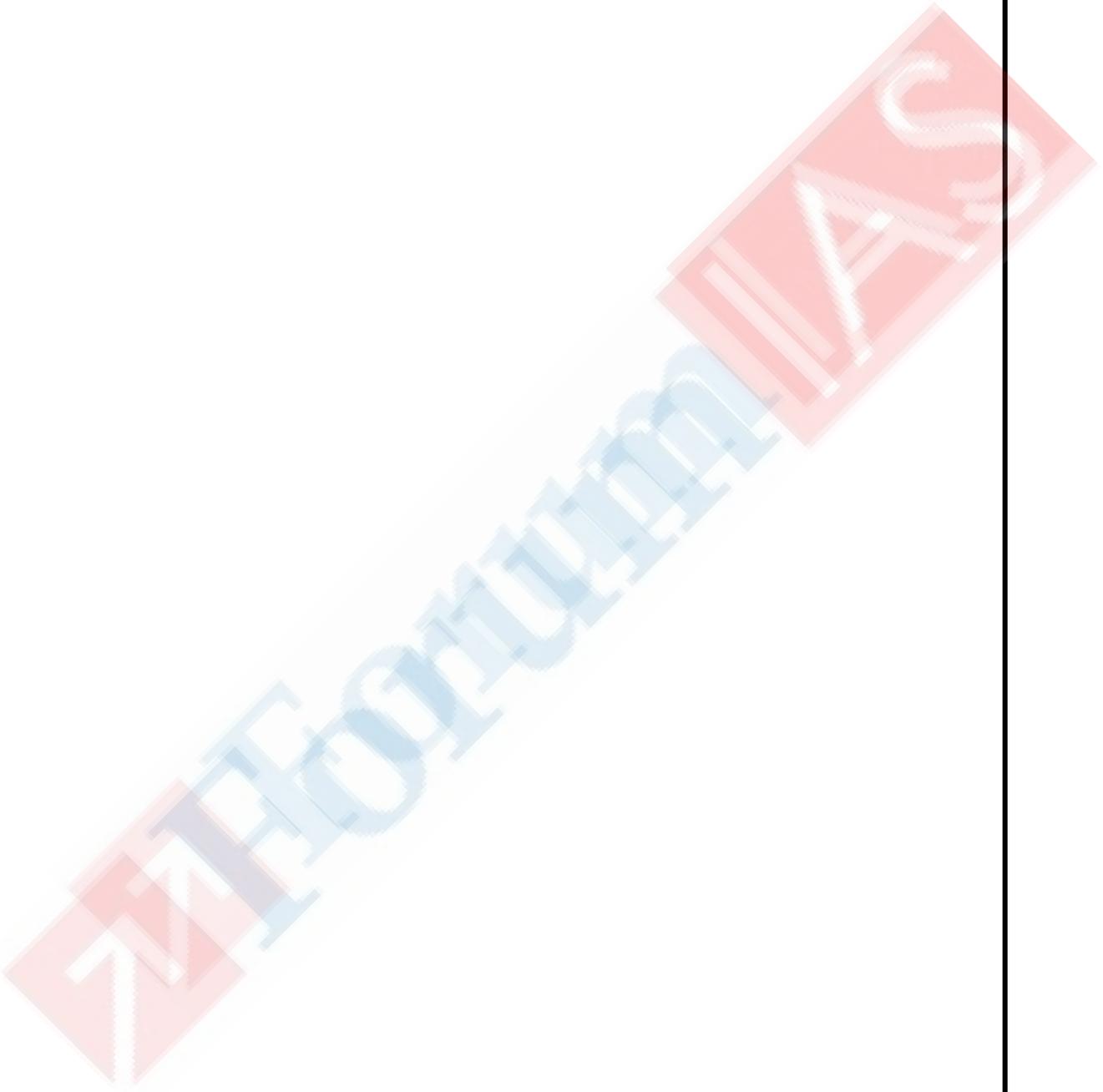
her education and freedoms.

Ultimately, we must focus on factors we can control to shape our futures. We must have a long term vision and be ready to face any obstacles, only then can we build a great future not only for ourselves, but the world at large.

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A healthy outside starts from
the inside.

King Ashoka led the Mauryan empire in the Kalinga war, which led to the death of thousands of soldiers. The devastation of the battlefield shook Ashoka to his core. He questioned the futile nature of war, killing thousands of soldiers he was meant to protect. This encounter profoundly changed Ashoka as he adopted the policy of Dhamma or non violence.

Ultimately, King Ashoka realised that to bring peace to his empire, he would have to adopt a peaceful way of

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thinking himself as a ruler.
Only once he achieved inner
peace, could he bring outer
peace for his subjects.

Our inner thoughts, beliefs
and values play a crucial
role in shaping our lives
and our outlook on life.
Anger and ignorance manifest
in real life as intolerance
and communalism.

Those who live their lives
in search of great desires, let
greed influence their actions
are never happy. No achievement
is every enough for them as
they continue to let their
desires drive them. As Gautam
Buddha said, "Desire is the
sweet cause of suffering."

On the other hand, those who aren't blinded by desires are able to find happiness in the little things in life. Hence, finding happiness in life must begin with reforms within ourselves.

Aristotle stated that a happy life was one in which a person cultivated virtuous traits such as honesty, courage, prudence and temperance. As per Aristotle, it was traits of character such as these that led to a good life.

A healthy outside doesn't just mean a happy life, but in literal sense, a healthy life as well. That too, begins from the inside, with the food we eat, how motivated we are

to regular exercise and how much importance we place on our health.

Moreover, a healthy outside means a life of purpose, of contributing to the good of others. As the theory of existentialism states, we define the purpose of our lives through our deeds. Hence, to live a great life, one must find an inner purpose. After all, "those with a 'why' to live can deal with almost any 'how'."
- Viktor Frankl

Not only does this principle apply in our personal lives but it's apt for society at large as well. After all, social reform is possible only with

individual reform as it is
individuals who form the basis
of any society.

This fact was recognised
by Mohatma Gandhi, who called
for inner swaraj, or inner
reform before aiming for goal
of outer swaraj, or freedom from
colonial British rule. Only
when we were ready for freedom
could we have it.

Societal norms and beliefs
are a reflection of the collective
conscience of the citizens of the
society. Any social change
inadvertently requires moral
reform of individuals.

Hence, the first step towards
a healthy society starts from
the inside. This was recognized

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by the government when they designed the Swachh Bharat Abhiyaan initiative. The government realised that eliminating open defecation would require a mindset change among individuals. Through social influence and persuasion, the government successfully cultivated a negative attitude towards open defecation.

A healthy society requires strong social capital and mutual trust. Achieving this requires people give up their prejudices and biases, accepting differences and diversity. This forms the foundation of India's 'Unity in diversity'.

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Furthermore, it's such unity in society that leads to a healthy and great nation. The greatness of any nation depends on the bonds shared by its citizens. After all, a divided nation can hardly be ~~be~~ expected to provide a good life for its citizens. India saw first-hand with the partition, what division in society causes.

Independence with partition in 1947 left India fragmented, with various princely states vying for independence. Sardar Patel carried out the incredible task of uniting India from the inside which enabled India's success and development as we see today.

It was important to acknowledge that unless India was healthy from the inside, it could not succeed in its objectives. After all, it's inner peace that leads to outer peace.

India faced a similar challenge in 1991, facing a severe balance of payments crisis. Here too, we realized that inner economic reforms were needed for development. Thus come the LPH reforms, propelling India to the 4th largest economy in the world.

On the global field, inner strength and stability is crucial for outer power. India's

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Strong moral framework and belief in peace and justice directly leads to its soft power and influence it holds globally.

As the leader of the non-Aligned movement and the voice of the global south, India holds the title of 'Vishwa Bandhu' (Unit of the world)

The importance of inner health to outer health is clear from our arguments. A key question that arises is how one can improve their inner health.

At the individual level, we must put importance on mindfulness and our mental wellbeing. Education that puts emphasis on mental health is

Crucial. A great example is the happiness curriculum in schools in Delhi. Apart from mental health, it's also crucial to ensure physical wellbeing to live a long and healthy life.

At the societal level, education focusing on ethical development and teaching of civic responsibilities is a crucial step. Focussing on building trust and social capital is crucial for ^{the} long term health of the society.

At the national level, we must address crucial internal problems such as rising inequality in the economy, growing corruption and many

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more. Here, reforms are crucial
for long term growth and
development of the nation.

Ultimately, we must focus
on what we can control, and
that is our inner health. That
is what enables a happy life,
unity in society, development of
a nation and peace in the world.

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