

TEST CODE 8 1 0 4 0 5

P 2025

Time Allowed : 3 Hours

समय : 3 घंटे

Forum IAS

Maximum Marks : 250

अधिकतम अंक : 250

ESSAY / निबंध

Name Of Candidate परीक्षार्थी का नाम	CHITWAN JAIN		
Roll No./अनुक्रमांक	1910162376	Medium/माध्यम	English <input checked="" type="checkbox"/> हिंदी <input type="checkbox"/>
Center Code/परीक्षा केंद्र	1901	Date/दिनांक	Aug. 8, 2025

*Center Code : For Online - 1900 / Delhi : Karol bagh - 1901, ORN - 1902, Mukharji Nagar - 1903 / Patna : Boring Rd. - 2001 / Hyderabad : Jawahar Nagar - 2101

INDEX TABLE / अनुक्रमणिका			INSTRUCTION / अनुदेश		
Q. No. प्र.सं.	Max. Marks अधिकतम अंक	Marks Obtained प्राप्तांक	1. Please do furnish Name, Email, Roll No and Mobile in the answer sheet. कृपया उत्तर-पुस्तिका में नाम, ईमेल, रोल नंबर और मोबाइल नंबर भरें।		
Q.1			2. Write two essays, choosing one topic from each of the following Section A and B in about 1000 - 1200 words each. खण्ड A व B प्रत्येक में से एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000 - 1200 शब्दों का हो।		
Q.2			3. The number of marks carried by a question/part is indicated against it. एक प्रश्न/भाग द्वारा किए गए अंकों की संख्या इसके सामने इंगित की गई है।		
Total Marks/कुल अंक			4. Answers must be written in the medium authorized in the admission Certificate, which must be stated clearly on the cover of this Question-Cum-Answer (QCA) Booklet in the space provided. उत्तर प्रवेश पत्र में अधिकृत माध्यम में लिखे जाने चाहिए, जो कि दिए गए स्थान में इस प्रश्न-सह-उत्तर (क्यूसीए) पुस्तिका के कवर पर स्पष्ट रूप से लिखा जाना चाहिए।		
Remarks/टिप्पणी :			5. Word limit in questions, if specified, should be adhered to. प्रश्नों में शब्द सीमा, यदि निर्दिष्ट हो, का पालन किया जाना चाहिए।		
			6. Any page or portion of the page left blank in the Question-Cum Answer Booklet must be clearly Struck off. प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़ा गया कोई भी पृष्ठ या पृष्ठ का भाग स्पष्ट रूप से काट दिया जाना चाहिए।		
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Start Time/प्रारंभ करने का समय :		End Time/समाप्त करने का समय :			
9:30		12:30			
Mode Of Examination/ परीक्षा की विधि :		Online/ऑनलाइन <input type="checkbox"/>			
		Offline/ऑफलाइन <input type="checkbox"/>			
For Office Use Only / केवल कार्यालय प्रयोग हेतु					
ECN CODE/ ईसीएन कोड :		EG/ईजी :		Evaluation Date/ मूल्यांकन तिथि :	
		① ② ③ ④ ⑤			

MARKING SCHEME

<i>Parameter/ criteria</i>	<i>Aspects Considered</i>	<i>Marks Allotted</i>	<i>Essay 1</i>	<i>Essay 2</i>
Basic Format	Introduction	10		
	Body	15		
	Conclusion	10		
Content	Topic interpretation	10		
	Quotations and ideas	10		
	Analytical skills	10		
Organization	Flow of ideas	10		
	Absence of deviation	10		
	Ease of reading	10		
Language skills	Language and sentence construction	10		
	Grammar and spelling	10		
Examiner's discretion	perception/ innovation/ engaging	10		

<i>Parameters</i>	<i>Very Good</i>	<i>Good</i>	<i>Average</i>	<i>Poor</i>
Coherence				
Language				
Handwriting				
Pre-writing				



SECTION - A

1. Glaciers are the canaries in the coal mine of climate change.
हिमनद (ग्लेशियर) जलवायु परिवर्तन रूपी कोयला खदान में वे कैनरी पक्षी हैं जिनकी मृत्यु सबसे पहले होती है।
2. To be content with little is difficult; to be content with much, impossible.
थोड़े से संतुष्ट रहना कठिन है; अधिक से संतुष्ट रहना असंभव है।
3. The true cost of economic and leadership gaps is deferred growth and skewed transitions.
आर्थिक और नेतृत्व अंतराल की वास्तविक लागत विलंबित विकास और विषम परिवर्तन है।
4. An India that is not pluralist is not India at all.
जो भारत बहुलतावादी नहीं है, वह भारत ही नहीं है।

2.)

To be content with little is difficult;
to be content with much, impossible

"
Some days, you feel like an ocean
Some days, you feel like drowning in it
Just Remember, Ocean always returns
back to its content
for survival."

It is said that, Nearly all men
can survive adversities but true test
of a man is when he survives power,
meaning being troubled feels like
you are drowning in ocean of pain.

being powerful would make you feel like
giant ocean but ultimate test of
survival is remaining content in
both roles.

In our daily lives we may often feel
like we have too little for surviving
and would constantly have desire
to earn more, spend more, enjoy more,
sleep more, eat more and have more,
but somehow we pacify ourselves and
remain content with whatever we have.

On the other hand imagine making up
with 100 bags full of cash in your
home to spend but with condition
to spend it all within 10 hours or
else it will vanish.

what do you think is more difficult?
I am sure option one of being content

with little.

For instance during Akbar II's reign he urged Raja Ramnauhan Ray to ask his ministers increase his pension, as it was difficult to survive luxuries with current pension, cut to the era of Akbar and Shahjahan where mighty mughals constructed Taj Mahal where beauty is unmatched till today.

But question is who was more content, Akbar II who just enjoyed luxuries without war or Shahjahan who faced threat from own sons and foreign powers to his powerful Throne.

These are numerous examples which tells us content is easily achieved in compromise than success. With little one tries to adjust whereas with much one tries to expand.

The real enclavement actually lies in between as propounded by Buddha, Buddha argued the aim of life should not be achieving more but to be content with whatever we got, what he called 'The middle path'.

Being content means, feeling of calmness with current state of affairs and not just being composed but strive equally hard to manage our positions as we did to achieve them.

In this essay we will continue seeing more such events and arguments that showcases why it is easier to make peace with little and what goes

MID - ESSAY REVIEW

among if we have much in our plates.

Biologically said, it is easier for our body to survive on four loafs of bread per meal than four hundred loafs, meaning former may seem difficult but later is impossible.

Similar is condition with our daily chores at office, a lesser salaried peer may live a more content life as compared to higher-salaried company CEO.

Why is so, one may ask. The answer is simple - Problem of plenty wherein it is more difficult to choose from unlimited option than only few, the e-commerce websites witness huge traffic compared to local general store.

When we have just little we train our mind to adjust and innovate to get best out of limits on contrary when

we have much, our mind just like
a calmless monkey jumps on various
conclusions culminating into indecision

No doubt, being content with little is
difficult as it brings in lot of
sacrifices and lost opportunities which
may have enough joy and happiness
in one's life but there are
numerous spiritual and philosophical
guides, gurus and examples which will
help you achieve calm.

whereas on the other hand history
has only few examples of those who
attained calm with much like
Buddha, Mahavira and Ashoka - who
left the luxuries to be content yet
there is no example who managed
to be happy with much.

But what does it actually mean to be content with much, answer to this is multidimensional,

Alexander the great had everything one could dream of, power, money, family, followers and what not, yet his desire to rule the world led to his fall. It became impossible for him and his army to survive quest of much.

True leader in contrast with what Alexander did would instead work for development not expansion and try to attain contentment in distribution his surplus with those who had little.

Mother Teresa was once asked by a reporter, "I wanted to feed 100 poors but i have no money which stops me from doing charity", to which

she replied, "If you can't feed 100 just feed 1 with love, there are no great ways to be happy but small gestures which brings you content.

Meaning there are ways to remain content with both little and much, difficult for one is to choose. But why so?

With much comes ego, pride, power and greed which makes one selfish and self absorbed just like some self proclaimed 'world leaders' who have much to mitigate climate crisis but refuse to help those with little who face difficulty to survive amid sea level rise.

People who have much tend to face money tower syndrome making it difficult for them to see what is actually desired and how can they achieve content.

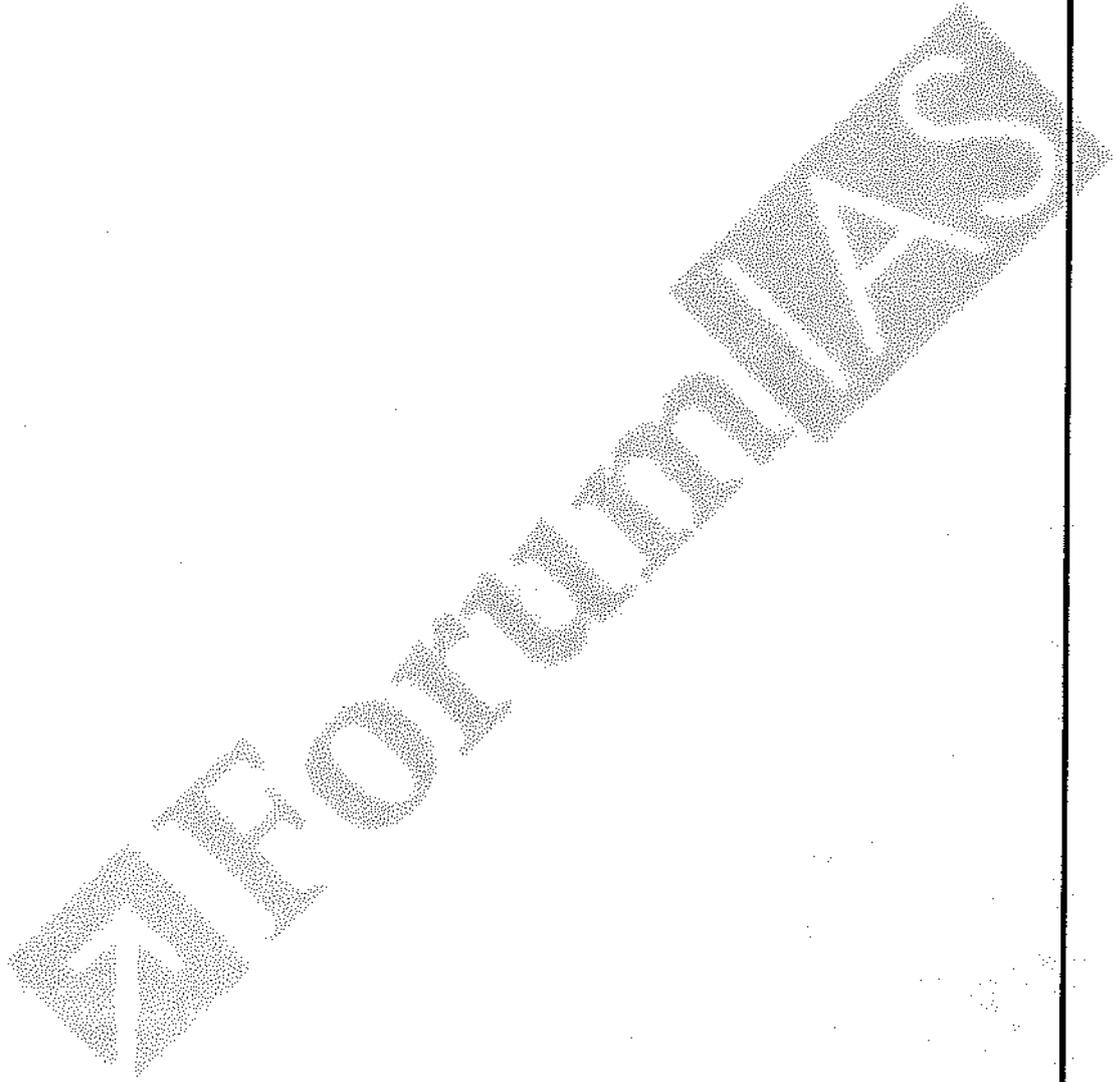
They often tend to ignore small happiness of lives and hustle for more and more, race for collecting more cars, more property, more money, more power and more resources, this never ending rat-race results in pain, suffering and discontent.

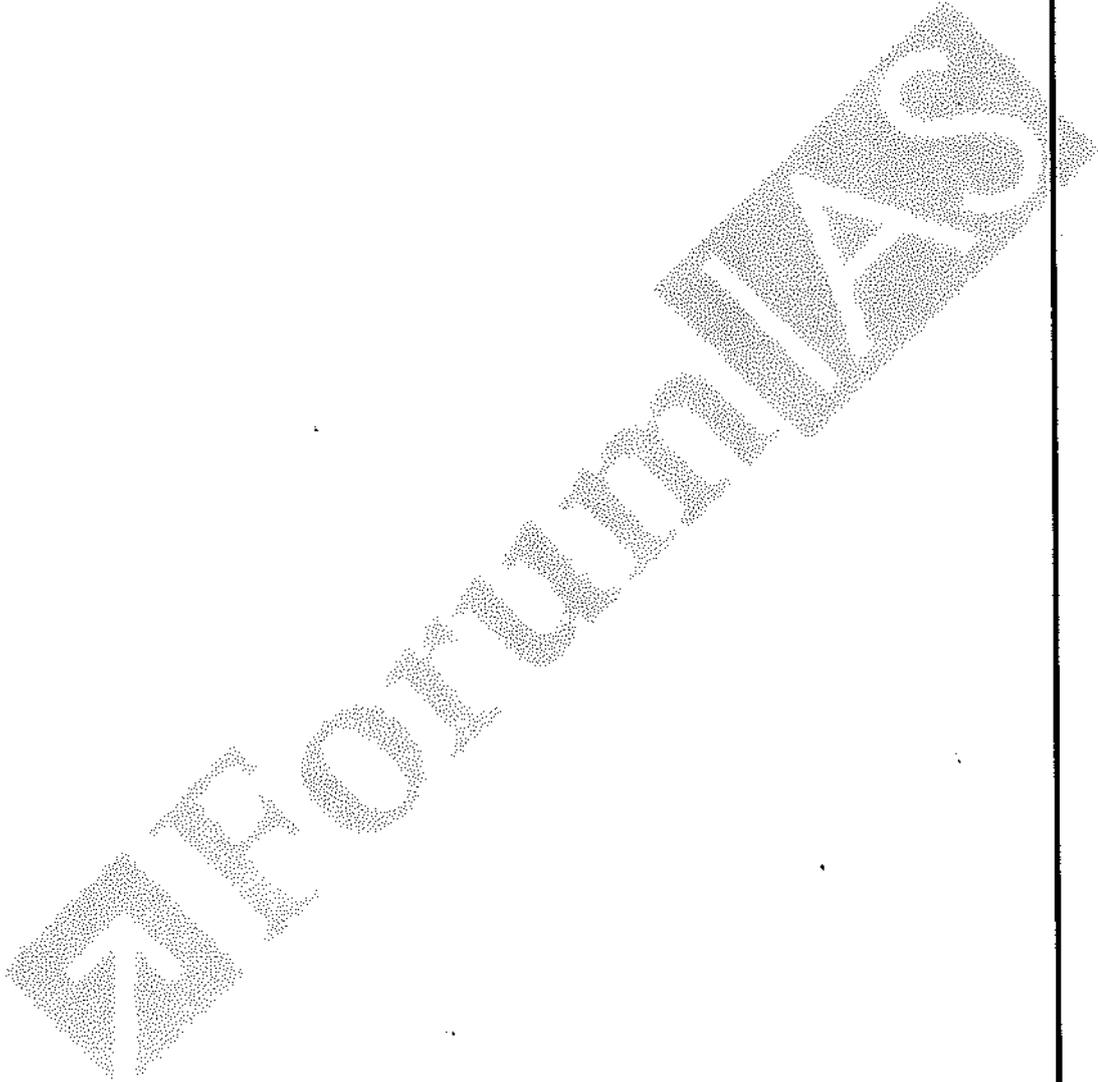
It is when one realise that human life is shorter than it seem and gets awareness of mortality as discussed by Herdegger, he can strive to achieve content.

One should always remember that
"It was Buddha not Alexander who won
the world", meaning no matter how
much you learn, unless you use it
for betterment of others you cannot
achieve content.

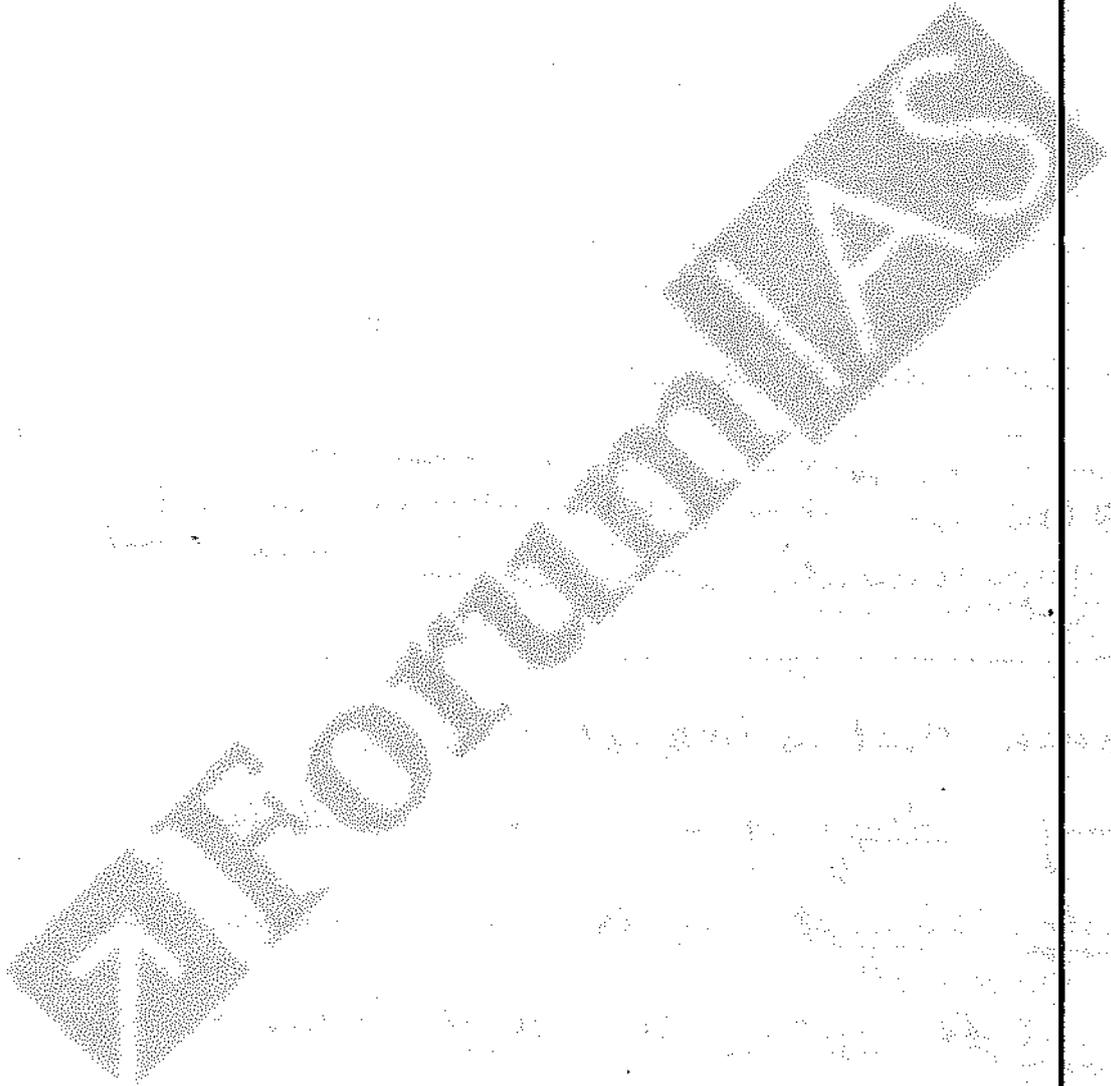
So let us all pledge to work for
a better tomorrow with whatever
we have as notion of much is
subjective. If you think you have
too little number of clothes to
wear but there are people who
don't even own a closet.

It is the time that humanity should
take front seat and make it
possible to use much for
such who lack much.





FEEDBACK





SECTION - B

1. True peace is not merely the absence of tension; it is the presence of justice.
वास्तविक शांति केवल तनाव का अभाव नहीं है; यह न्याय की उपस्थिति है।
2. The saddest aspect of life right now is that science gathers knowledge faster than society gathers wisdom.
इस समय जीवन का सबसे दुखद पहलू यह है कि विज्ञान, समाज की तुलना में अधिक तेजी से बुद्धिमता एकत्रित करता है।
3. Human development suffers when interdependence is mismanaged.
जब अंतर्निर्भरता का कुप्रबंधन होता है तो मानव विकास प्रभावित होता है।
4. No one can make you feel inferior without your consent.
आपकी सहमति के बिना कोई भी आपको कमतर महसूस नहीं करा सकता।

4.) "No one can make you feel inferior without your consent."

India that is Bharat has witnessed a long history of invasions and foreign rule, almost all foreign invaders who tried to capture this Golden Bird, somehow got assimilated and accommodated within grand cultural fabric, be it Kushanas or Mughals.

But then came the mighty British Empire

who not only did rule India for years,
but successfully captured and caged the
Golden Bird which once flew high.

What do you think was different this time
was it army, Navy, finances, leaders?
One may agree to these but the reality
was inferiority. Britishers did not capture
land of India but soul of India.

The Theory of white men's Burden and
narrative that Indians and their society
was inferior and backward worked as
magic wand for British expansion, but
this is not it.

Britishers could only spread their vague
arguments, it was upto the people of India
either to accept it or reject it, but
sadly majority of us gave our consent
to them treating us inferior. Ultimately
this lead to widespread Exploitation,
Oppressions, cruelty, crimes and unjust
events like Jallianwala Bagh Massacre.

In this essay we will try to explore through different notions of inferiority, their manifestations, what caused them, how did they spread, when one unknowingly gives consent and where will it take us to.

From the history of Indian colonial explicit we can understand what inferiority is, It is when someone tells you, You are not enough, It is when someone asks you obey me because I ask so, It is when you feel submissive to someone's claim to superiority over you.

But the key is to understand consent, It may be intentional or unintentional. It is accepting the fact that you are not enough, you should obey, you must submit just like Indian princely states who accepted treacherous subsidiary alliance, unintentionally consenting inferiority

Inferiority: The myth maker

It is said that "We are all living in the gutters, but some of us are looking to the stars" ~ Oscar Wilde, through this quote Oscar tries to explain equality as well as inequality of human life, wherein your perspective makes the change.

A child may feel inferior due to his low marks in exam, an adult may feel inferior due his less-earning job, a women may feel inferior due to patriarchal societal mindset, a full-fledged country would feel inferior when they are called incapable and given PL-480 foodgrains amid crisis treating them as lower humans close to animals.

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all these may make one feel inferior
and resident of gutters, but we have
two choices - one, to accept the humiliation
and survive on PL480 foodgrains,
two, to withhold our consent and
grow into self-dependent Basmati King
of world.

Yes, you are right India chose the
second option and denied to be
treated inferior by 'so-called' hegemonic
United states. Currently too India
is facing similar challenge of 50% tariff
by US, but as Anitaiah Kant said,
It is once-in-a-generation opportunity
to show power of consent and not
bow down against those who want
Indians to feel inferior.

Withholding consent : The myth breaker

Recently in 2025, Royal Challengers Bangalore (RCB) won Indian Premier League (IPL) after long wait of 18 years, in an interview their captain said -

"Victory is not in succeeding in first try, but victory is not being destroyed by failure"

Many trolled RCB and treated them as inferior team but they withheld their consent and never gave up to trolls.

This example tells us that, there will be hundreds of people around you who will make you feel inferior but the key is to not giving them your consent and work hard enough to prove them wrong.

In our society we often face a syndrome called "4 Log kya kahenge" meaning what will people think about our decisions and how will they react to it but once we become non-challant to what

Others say and keep ourselves at the centre of our lives, no one will dare to dominate us.

In the age of social media where beauty has defined its definition from looks of a person, one may feel inferior and be in self-doubt but recent trend of Kalukru dolls gives us inspiration to not give our consent to such false standards of beauty.

Kalukru dolls are unconventionally designed to have suggled appearance, sharp teeth, messy hair, coloured complexion just opposite to Barbie dolls. Sim behind these dolls is to tell "Beauty lies in the eyes of beholder" and anyone rather no one should feel inferior just because societal stigmas says so.

Psychology talks about "Self fulfilling Prophecy" wherein it is argued that what one manifests repeatedly becomes true, this applies to inferiority and consent too.

If we tell ourselves we are inferior and not enough everyday, we may unwillingly give our consent to those who want to exploit our vulnerable states like

businesses, society, employers, foreign governments etc. but on the other hand,

If we deny and keep denying again and again, no one can make us feel inferior anymore.

one may now ask is it possible to break the myths of inferiority, is it easy to fight against whole system, is it possible to gather again and again one's courage?

The answer to be honest is neither Yes nor NO but a process which will make

you put in efforts everyday to build
yourself and gather courage that
one day and say a loud No to all
the inferiorities collected in our conscience.

It is tough but not impossible.

Shoot for the Moon

It is said that, "shoot for the moon,
even if you fail, you will land
among the stars," meaning one
must always strive for perfection
but not feel inferior if they fail
to achieve.

Chandrayaan 2 mission of ISRO was
unable to achieve all targets it had
to which brings it criticism from
worldwide of those who wanted ISRO
to feel inferior and incapable.

But ISRO decided to not give their consent and launched Chandrayaan again and this time became only first to achieve a soft landing others dreamt of.

This shows shooting for the moon is not easy and may invite troubles but what one decides one becomes.

Moon here is not literally the moon but our goals of life maybe getting more marks, better jobs, gain respect, spiritual growth and list goes on.

But the key is to avoid storms of inferiority and learn to surf beyond waves of despair and achieve what we dreamt of.

In contemporary times of competition culture where Hustle has become the mantra for success one must realize that Everyone has their own pace and no one has authority to dominate the weak but to guide them.

Saleka apna Normal

Meaning Everyone has their own normal implies that even if, you are not what you wanted to be, you are not inferior provided you tell yourself to say no to those who want to make you feel small.

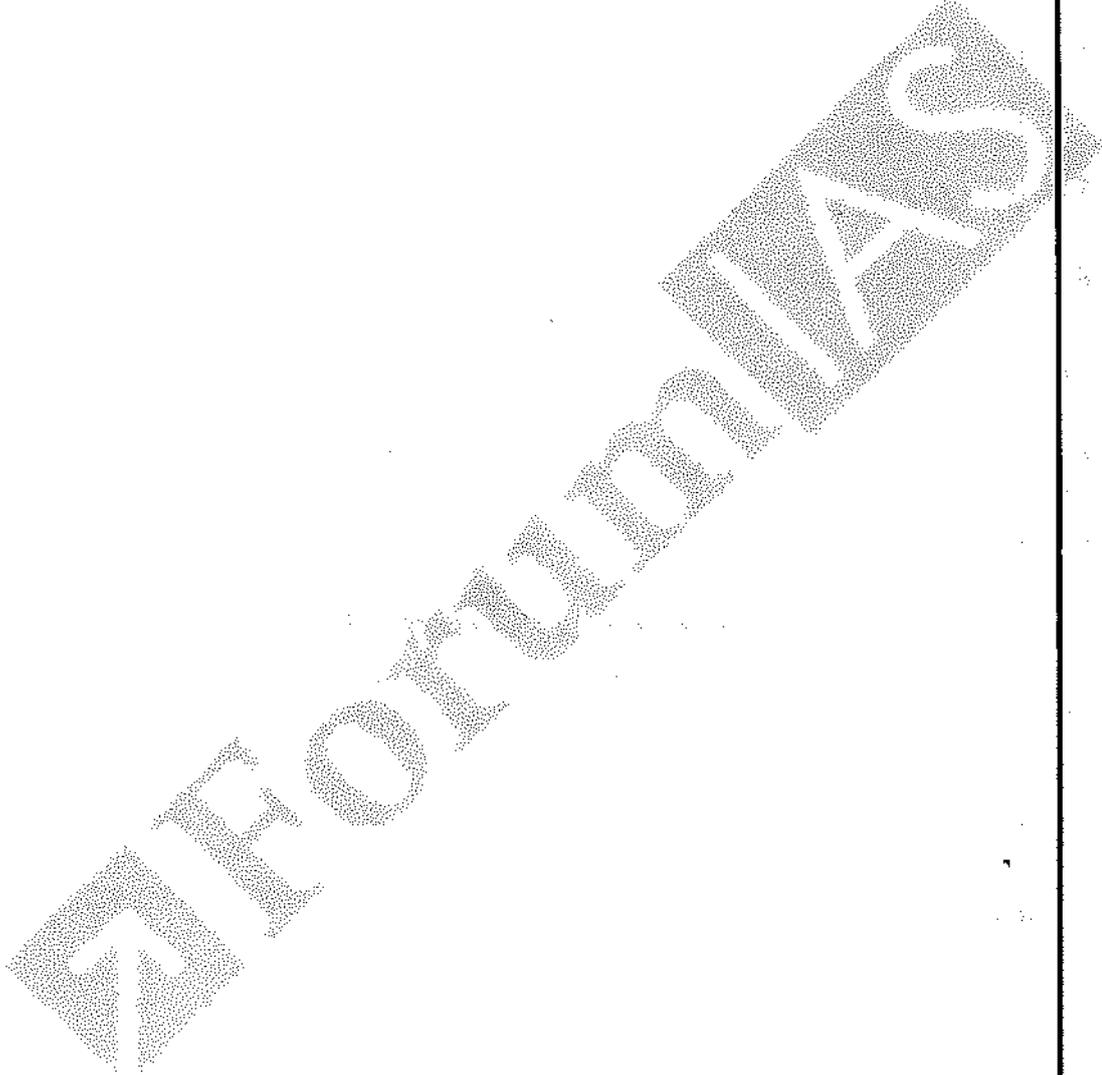
Jean Paul Sartre, in his existentialist philosophy quoted "Man is not what he is but what he is not", meaning our lives are not described by features of past but opportunities for future.

It is us who decide to give up and consent inferiority but the essence lies in standing up just like our freedom fighters, stood against

narrative of inferiority set up by colonial rule and tried their best being lack glory of Indian culture and crafts which was destroyed for selfish interest of Britishers.

Thus we should not sign subsidiary alliance with fear of inferiority and withhold our consent to feel enough about our physical, mental, emotional and psychological well being and learn the art of letting go waves of inferiority and rise above as Supreme human who works on ourselves for betterment of tomorrow.

FEEDBACK



SPACE FOR ROUGH WORK

To be content in - - - imp.

Intro - All can achieve admirably, but true man is who enjoys power
 ↳ when we have little
 ↳ when we have much.
 being content, too little, much

Very content with little: cake walking - Akbar II, RRR

Very content with much: rope walking - Akbar vs Aurangzeb

factuality of lives: Kirkegaard ← birth/death
 socio-econ.

Theme - content | British ^{millions} Barden

Intro - Enclaving

- ↳ self fulfilling prophecy
- ↳ certainty Bias

↳ hitare kameen

- Religious -
- Cultural -
- Techno -
- History -
- Philos -
- Psyche -

How to break myth, if it possible

1P - Intro - British - superiority complex

1.5P - Superiority: A myth - lifecycle

- child - exam
- Teen - makes
- Adult - job/money
- women - ~~career~~ rights
- gen - 5th world
- Society - backward

↳ holding our content

[ACB -
 Bahum - Beauty]

Victory is not
 won
 by
 not dying

- ① Superiority: myth maker
- ② within content: myth breaker
- ③ Smart for the stars - icon self fulfilling (Kaly)
- ↳ content - demand
- ④ Saleka Apna Normal
 ↳ Sartre (philos)

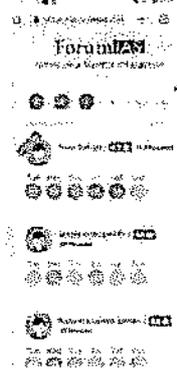
Conclusion - Saleka apna Normal

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