

TEST CODE 8 1 0 4 0 5

2025

Time Allowed : 3 Hours

समय : 3 घंटे

ForumIAS

Maximum Marks : 250

अधिकतम अंक : 250

ESSAY / निबंध

Name Of Candidate

परीक्षार्थी का नाम

NISHCHAL JAIN

Roll No./अनुक्रमांक

1910104202

Medium/माध्यम

English हिंदी

Center Code/परीक्षा केंद्र

Date/दिनांक

08.08.2025

*Center Code : For Online - 1900 / Delhi : Karol bagh - 1901, ORN - 1902, Mukharji Nagar - 1903 / Patna : Boring Rd. - 2001 / Hyderabad : Jawahar Nagar - 2101

INDEX TABLE / अनुक्रमणिका			INSTRUCTION / अनुदेश	
Q. No. प्र.सं.	Max. Marks अधिकतम अंक	Marks Obtained प्राप्तांक	<p>1. Please do furnish Name, Email, Roll No and Mobile in the answer sheet. कृपया उत्तर-पुस्तिका में नाम, ईमेल, रोल नंबर और मोबाइल नंबर भरें।</p> <p>2. Write two essays, choosing one topic from each of the following Section A and B in about 1000 - 1200 words each. खण्ड A व B प्रत्येक में से एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000 - 1200 शब्दों का हो।</p> <p>3. The number of marks carried by a question/part is indicated against it. एक प्रश्न/भाग द्वारा किए गए अंकों की संख्या इसके सामने इंगित की गई है।</p> <p>4. Answers must be written in the medium authorized in the admission Certificate, which must be stated clearly on the cover of this Question-Cum-Answer (QCA) Booklet in the space provided. उत्तर प्रवेश पत्र में अधिकृत माध्यम में लिखे जाने चाहिए, जो कि दिए गए स्थान में इस प्रश्न-सह-उत्तर (क्यूसीए) पुस्तिका के कवर पर स्पष्ट रूप से लिखा जाना चाहिए।</p> <p>5. Word limit in questions, if specified, should be adhered to. प्रश्नों में शब्द सीमा, यदि निर्दिष्ट हो, का पालन किया जाना चाहिए।</p> <p>6. Any page or portion of the page left blank in the Question-Cum Answer Booklet must be clearly Struck off. प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़ा गया कोई भी पृष्ठ या पृष्ठ का भाग स्पष्ट रूप से काट दिया जाना चाहिए।</p>	
Q.1				
Q.2				
Total Marks/कुल अंक				
Remarks/टिप्पणी :				
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		① ② ③ ④ ⑤		

MARKING SCHEME

<i>Parameter/ criteria</i>	<i>Aspects Considered</i>	<i>Marks Allotted</i>	<i>Essay 1</i>	<i>Essay 2</i>
Basic Format	Introduction	10		
	Body	15		
	Conclusion	10		
Content	Topic interpretation	10		
	Quotations and ideas	10		
	Analytical skills	10		
Organization	Flow of ideas	10		
	Absence of deviation	10		
	Ease of reading	10		
Language skills	Language and sentence construction	10		
	Grammar and spelling	10		
Examiner's discretion	perception/ innovation/ engaging	10		

<i>Parameters</i>	<i>Very Good</i>	<i>Good</i>	<i>Average</i>	<i>Poor</i>
Coherence				
Language				
Handwriting				
Pre-writing				

**SECTION - A**

1. Glaciers are the canaries in the coal mine of climate change.

हिमनद (ग्लेशियर) जलवायु परिवर्तन रूपी कोयला खदान में वे कैनरी पक्षी हैं जिनकी मृत्यु सबसे पहले होती है।

2. To be content with little is difficult; to be content with much, impossible.

थोड़े से संतुष्ट रहना कठिन है; अधिक से संतुष्ट रहना असंभव है।

3. The true cost of economic and leadership gaps is deferred growth and skewed transitions.

आर्थिक और नेतृत्व अंतराल की वास्तविक लागत विलंबित विकास और विषम परिवर्तन है।

4. An India that is not pluralist is not India at all.

जो भारत बहुलतावादी नहीं है, वह भारत ही नहीं है।

2. To be content with little is difficult;
to be content with much, impossible

Santosh, a 55-year old man, used to live in a slum of a metropolitan city. Leading his life in poverty, he often complained to god about his standard of living.

So the god decided to test him one day. God sent Lakshmi Ji in his dreams that night. The

~~godess~~ goddess hinted toward a hidden treasure behind Santosh's slum. As he woke up in the morning, he started digging and founded a cotton carry bag. To his delight, there were many gold coins inside the bag. He counted and found 99 of them. "But there must be 100 gold coins." he murmured. So he started digging more and more. Then he measured length and breadth of the town just for that one 'missing' coin which actually didn't exist.

But neither did exist the sense of satisfaction in Santosh. He could have easily ~~er~~ made fortunes with those 99 coins but instead he

chose to trade his inner peace for greed.

This story clearly shows that it was difficult to be content with little but nearly impossible with much.

But what is ~~content~~ like to be content in life? When our mind make peace with whatever we have achieved /earned in life and it brings happiness to our soul, we can called ourselves as the content beings.

However, it is easier said than done. Especially when we have very little in our life. Human beings have been the champions of

the Darwinian evolution process because we always sought better than what we have right now. And to be fair to ourselves, it is not a sin to seek a better life per se.

However the notion of better life is severely skewed now a days. Materialistic ends are considered far more superior than personal satisfaction and peace.

All this is leading to a rampant rat race in the society

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and for what? Just for perishable wealth but at what cost? Sometimes at the cost of humanity. Using child labour in crackers factory is a ~~the~~ good example of materialism taking priority over humanity.

Also, having very little causes a sense of relative deprivation among individuals. This is also a driving force which takes away from the satisfaction. For example, a family living in a posh area would want to own a luxury car so that they don't feel left out.

Thus it is clear that there would always be someone

who is better placed than us and we want to bridge that gap.

But what would happen if we have much of what we desired for? Then also, there would be someone who owns more than us. Then that 'someone' would prevent us from being content. For example, any rich businessman would want to be the richest, but the richest would want to be the the most powerful. On the contrary, most powerful might want to be the richest.

Thus it is a never ending desire.

Moreover, when someone accumulates much driven by his/her greed, it becomes the perfect recipe for more of it. As they say

'Greed breeds more greed'.

To illustrate, Hitler was immensely powerful in the Nazi Germany. But greed for power convinced him that he should start conquest of entire Europe.

Also, having much pushes one to maintain a social status. In order to sustain that status symbol, men are forced to long for more of it. Pablo Escobar could have easily quitted the narco-crimes but how could he? That would ~~be~~ have been an

injustice to his so called 'social status'! Or at least he thought so.

Furthermore, having much of wealth/power creates a false sense of belief that it is well within our right to acquire more of it, however unethical it might be!

For instance, Pakistani Army has already wielded so much of wealth and power but they are still viciously hungry for it.

But what are the consequences of not being content with anything we have? Firstly, it leads to the loss of inner peace.

because one can never get each and everything he desires for. As Gandhiji famously said,

'There is enough for everyone's need, but not enough for everyone's greed in this world!'

Additionally, it ultimately leads to the downfall of the subject matter. To illustrate, Portuguese came with sword in one hand and crucifix in another. But as they started making wealth here, first they dropped crucifix and then, sword to gather wealth with both the hands. And this ultimately caused their downfall in India.

Happiness, even though it is difficult to find, but there is a certain key to being content. It is, to find the true purpose of life.

The two most important days in your life is when you are born and when you find out why.

The true purpose of our life can check the unnecessary greed. Also it will make us realise that everything is mortal, the wealth, the authority, the influence on others and what not.

So instead of running after all these things even after having

enough of it, ~~is~~ we should concentrate on sustaining what we have. Here Jain principle of 'Aparigraha' can be of great help. When we start shedding unnecessary possessions in life, it reduces our desire.

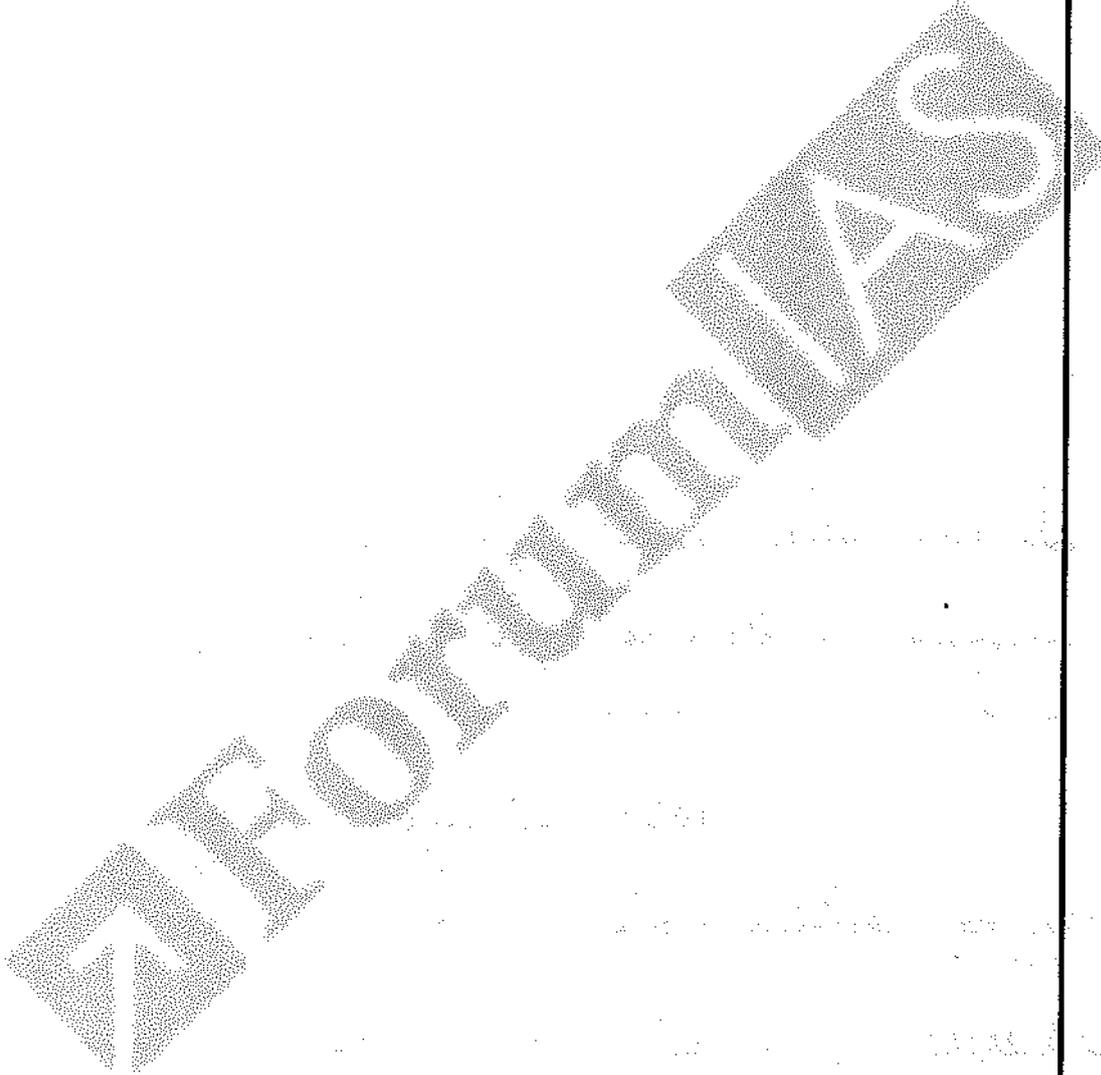
Rooting out desire is the ultimate key to root out the sufferings.

To summarise, the contentment is the function of inner self rather than external materialism. One can chose to remain content with bare minimum resources at his/her disposal. The desire to have more

can only fuel more greed which leads us to either nothing or ~~at~~ at worst our downfall.

Hence it is important to be content with wealth, not with knowledge, to be content with power, not with ethics, to be content with all the materialistic resources, but not with contentment itself.

FEEDBACK





SECTION - B

1. True peace is not merely the absence of tension; it is the presence of justice.
वास्तविक शांति केवल तनाव का अभाव नहीं है; यह न्याय की उपस्थिति है।
2. The saddest aspect of life right now is that science gathers knowledge faster than society gathers wisdom.
इस समय जीवन का सबसे दुखद पहलू यह है कि विज्ञान, समाज की तुलना में अधिक तेजी से बुद्धिमता एकत्रित करता है।
3. Human development suffers when interdependence is mismanaged.
जब अंतर्निर्भरता का कुप्रबंधन होता है तो मानव विकास प्रभावित होता है।
4. No one can make you feel inferior without your consent.
आपकी सहमति के बिना कोई भी आपको कमतर महसूस नहीं करा सकता।

4. No one can make you feel inferior without your consent

1893- Chicago. Many eminent intellectuals and religious preachers gathered for Global conference on religions. There, Hinduism was represented by one man who chose to wear saffron robe, who chose to

greet with folded hands and who chose to ~~never~~ be proud of his country and its legacy. and he was met with rousing applause, and rightly so.

Fast forward to 1911. George-V arrived in India for coronation in Delhi. Many kings and princes were told to kneel down before the emperor. They chose, not just kneeling down but to crawl even after witness so much of the exploitation by the Raj.

The man at Chicago i.e. Swami Vivekananda as well as the kings at Delhi Durbar were

effectively the subjects of the British Raj but their conduct differed drastically. The only differentiating factor was the 'consent' of the self. It is that self-esteem that has made Swami Ji so revered.

'The greatest acts of courage generally comes from the simplest of the choices'. Here that choice was the 'consent'.

This essay will talk about how external factors, although partly, are responsible for the infinitely complex but how it can't function without our own appraisal. Also, it will ~~talk~~ guide us to the

ways to improve the self-confidence in every entity which needs it.

So certainly, there are some external factors which can make one feel inferior. But it has to be supplemented by our own thought process.

Firstly, the attitude of 'others' who considers the rest as inferiors and themselves 'superior' leads to falling self-confidence. The West Indies cricket team of 1970s and 1980s had made many teams believe that

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through their sledging that no one can match their skills on the field.

However, few ~~old~~ teams bought this idea as well which led to their own downfall. Thus, when someone's attitude makes others feel inferior, it is the lack of belief of other which perpetuates that 'inferiority'.

Secondly, there might have been some case where we have faced reverses from others. This loss may create a sense of inferiority. But when this loss gets glued to

our memory permanently, then it is never possible to challenge the 'mighties' again. For instance, losses at Battle of Plassey and Buxar has prevented the Bengal not to revolt for next many decade due to that bitter memory.

Thirdly, there might have been few historical experiences which can deter our confidence. So some choose to remain in the past only which takes away the opportunities of making present better.

Fourthly, few fear the rebuttal from the 'superiors' if they

decide to face them. Although 'rebuttal' is in the hands of the 'superiors', fear is solely in our hand. That fear is the reason why many Indian companies sell their stakes to the western MNCs to prevent hostile takeovers.

Lastly, there could be some peer pressure which we might not be able to cope up with. This can also make us feel inferior.

When I migrated from a Hindi-medium school to English-medium school in class VI, I also felt the similar inferiority complex as I was

not very fluent with my English.

But more than peers, I was responsible as I was taking the pressure without anyone being forcing on me.

Then how I dealt with that? It was all because of my English teacher who once motivated me with this beautiful quote.

'Diamond is the piece of coal which did well under pressure.'

Hence I decided to focus on my other subjects while gradually learning English through novels.

Thus, we can always respect our strengths to boost the

self confidence. It may prevent the inferiority complex.

Similarly, there are many other steps eliminate the distinction between superiority and inferiority.

It is imperative, as mentioned above, to be proud of our own cultural values. In this regard, the contribution of leaders like Swami Dayanand Saraswati needs to be duly acknowledged.

Also, there is a need to inculcate 'never-say-die' attitude in ourselves because

'Falling down is an accident, staying

deum is a choice! This is the reason why ~~we~~ India believed that they can successfully avoid the consequences of financial crisis of 2008. We managed and managed ~~very~~^{so} well, that we were quoted as example globally.

Moreover, it is necessary to stay in present shedding all the baggages of the past. So what if ~~was~~ the 20th century belonged to the western world! The 21st century belongs to India and we have proven it by being the voice of Global South. and summing the

missions like 'Vaccine Maitri'

Furthermore, one should have the fortitude to look into the eyes of the adversary or the 'superiors'.

'One Those who aren't afraid of dying, dies only once'.

All these steps can stop the inferiority complex at the gates and can fill us with necessary self-esteem which is needed to lead a dignified life.

But it is equally important to realise that the

burden lies on our own shoulder to
be submissive or to be expressive, to
bend or to stand, to conform or
to perform, to be forcefully obedient or
to be willingly confident, to be like
Narendra Nath Dutta or to be like those
pencil states.

FEEDBACK

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SPACE FOR ROUGH WORK

To be content with little difficult, content with much impossible.

~~How one becomes content~~ What is content!

Why difficult to content with ^{little} difficult

→ Man is. Human seek better life. but nation. of better.

→ Rat race going on for.

→ sense of relative deprivation.

→ Always someone ahead of yourself

frame of ref. changes.

Impossible with much.

→ Greed breeds more greed. 'Gandhi quote'.

→ ego drives. to maintain social status.

→ Power which create false sense of belief that it is well within our right.

⇒ Pak Army.

99 coins / 1 coin
Greed need.
Rel. Time most imp. days.

What do to do?

- Start seeking true purpose of life.
- Materialism - Apanigrah.

What happens.

- leads to downfall.
- Phases of mental peace. 'Gandhi quote'.
- Downfall.
- ↳ Portuguese

Need not be content with few things.

- Noble values.
- Good causes.
- knowledge.

Chicago

Roso Pontas.

No one can make you feel inferior without your consent

External factors

- Attitude of others
- Might have faced reverses
- Historical experiences
- Fear of rebuttal
- Peer pressure

MY CONSENT

- Feeling bad about own culture.
- Falling down is an accident.
- Important to be in present.
- Not afraid of dying dies only one.
- Diamond is piece of coal.

WHAT TO DO.

- self confidence

Falling down is an accident, staying down is a choice.

Not afraid of dying dies only one.

Diamond piece of coal.

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